

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2025 JULY MENU- NOVI HOT**

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
|    | <p align="center"><b>PAYMENT DUE WITH ORDER<br/>HOT LUNCH \$4.00</b></p>  |    | <p align="center"><b>PLEASE CALL 24 HOURS IN<br/>ADVANCE TO CANCEL MEALS<br/>248-347-0489</b></p> <p align="center"><b>MENU SUBJECT TO CHANGE<br/>WITHOUT NOTICE</b></p> |    |
|   | <p align="center"><b>1</b></p> <p align="center">Cheese Ravioli<br/>Italian Vegetables<br/>Tossed Salad<br/>Breadstick<br/>Apple Sauce</p>                              | <p align="center"><b>2</b></p> <p align="center">Chicken Caesar Salad<br/>Parmesan Cheese<br/>Caesar Dressing<br/>Romaine Lettuce<br/>Whole Wheat Roll<br/>Banana</p>            | <p align="center"><b>3</b></p> <p align="center">Hot Dog<br/>Bun<br/>Lays Potato Chips<br/>Baked Beans<br/>Coleslaw<br/>Apple Pie</p>                                    | <p align="center"><b>4</b><br/><b>CLOSED</b></p>                 |
| <p align="center"><b>7</b></p> <p align="center">Pepperoni Calzone<br/>Italian Vegetables<br/>Broccoli<br/>Apple</p>                      | <p align="center"><b>8</b></p> <p align="center">Chicken Fettucini Alfredo<br/>Green Beans<br/>Tossed Salad<br/>Pears<br/>Dinner Roll</p>                               | <p align="center"><b>9</b></p> <p align="center">Antipasto Salad<br/>w/ham, salami, cheese, tomato<br/>croutons, italian dressing<br/>Mixed Greens<br/>Breadstick<br/>Banana</p> | <p align="center"><b>10</b></p> <p align="center">Potato Encrusted Pollock<br/>Capri Vegetables<br/>Macaroni Salad<br/>Mixed Fruit<br/>Tartar Sauce</p>                  | <p align="center"><b>11</b></p> <p align="center">Swiss Steak<br/>Peas &amp; Carrots<br/>Orange<br/>Mashed Potatoes<br/>Whole Grain Bread</p>       |
| <p align="center"><b>14</b></p> <p align="center">Polish Sausage<br/>Hot Dog Bun<br/>Sauerkraut<br/>Potato Wedges<br/>Apple</p>           | <p align="center"><b>15</b></p> <p align="center">Beef Tacos<br/>Cheese, Lettuce, Tomatoes<br/>Salsa &amp; Sour Cream<br/>Refried Beans<br/>Tortillas<br/>Pineapple</p> | <p align="center"><b>16</b></p> <p align="center">Chicken Salad Plate<br/>w/celery, grapes &amp; onions<br/>Mixed Greens<br/>Croissant<br/>Banana</p>                            | <p align="center"><b>17</b></p> <p align="center">Beef Lasagna<br/>Italian Vegetables<br/>Tossed Salad<br/>Pears<br/>Breadstick</p>                                      | <p align="center"><b>18</b></p> <p align="center">Pulled BBQ Chicken Sandwich<br/>Hamburger Bun<br/>Potato Salad<br/>Brussel Sprouts<br/>Orange</p> |
| <p align="center"><b>21</b></p> <p align="center">Chicken Leg<br/>Potato Wedges<br/>Peas &amp; Carrots<br/>Apple<br/>Dinner Roll</p>      | <p align="center"><b>22</b></p> <p align="center">Beef Goulash<br/>Italian Vegetables<br/>Tossed Salad<br/>Peaches<br/>Breadstick</p>                                   | <p align="center"><b>23</b></p> <p align="center">Chef Salad Plate<br/>w/ham, turkey &amp; egg<br/>Mixed Greens<br/>Pita Bread<br/>Banana</p>                                    | <p align="center"><b>24</b></p> <p align="center">Baked Cod<br/>Macaroni &amp; Cheese<br/>Brussel Sprouts<br/>Orange<br/>Whole Wheat Bread</p>                           | <p align="center"><b>25</b></p> <p align="center">Sloppy Joe<br/>Hamburger Bun<br/>Three Bean Salad<br/>Carrots<br/>Apple Sauce</p>                 |
| <p align="center"><b>28</b></p> <p align="center">Macaroni &amp; Cheese<br/>Stewed Tomatoes<br/>Green Beans<br/>Apple<br/>Dinner Roll</p> | <p align="center"><b>29</b></p> <p align="center">Stuffed Cabbage<br/>Mashed Potatoes<br/>Peas<br/>Whole Wheat Bread<br/>Pineapple</p>                                  | <p align="center"><b>30</b></p> <p align="center">Taco Salad<br/>taco sauce, cheese, tomatoes<br/>Mixed Greens<br/>Tortilla Chips<br/>Banana</p>                                 | <p align="center"><b>31</b></p> <p align="center">Spaghetti w/ Meat Sauce<br/>Italian Vegetables<br/>Tossed Salad<br/>Breadstick<br/>Pears</p>                           |   |