NOVI | DISCOVER. CONNECT. BELONG.

WINTER 2024

## Enhance has a new look!

We have made it even easier to find programs for older adults 38

Do you have one minute a month to help make Novi better?

Join your friends and neighbors and make your voice heard on important local issues 16



## YOUR FOOD, FUN AND SHOPPING DESTINATION.

With its unparalleled blend of entertainment, dining and retail, Twelve Mile Crossing at Fountain Walk is the most unique open-air lifestyle center in the State of Michigan. We look forward to your visit!

### FOOD

- Ford's Garage
- Sai Gon Pho
- KPOT -
- Hot Pot & BBQ
- Kung Fu Tea
- Cold Stone Creamery
- Buffalo Wild Wings
- Buddy's Pizza
- Black Rock Bar & Grill
- Beerhead Bar & Eatery
- Bar Louie
- Meat Moot Smoking Coming Soon
  Kid Chemist Coming 2024

### SHOPPING

- The Family Puppy
- Floor & Décor Dick's Sporting
- Goods
- American Home Fitness

#### FUN

- Me, Myselfie and I
- The HUB Stadium
- X-Golf
- Putting Edge
- Full Throttle Adrenaline Park
- Escape Room
- Emagine Novi Theater
- Chuck E. Cheese's
- BATL The Backyard Axe Throwing League
- Aqua Tots
- Launch Trampoline Park

#### HEALTH/BEAUTY

One Salon

TWELVE MILE CROSSING

AT FOUNTAIN WALK—

- Unlimited Nailspa
- Sola Salon Studios
- Powerhouse Gym
- Forum Health Medical Weight Loss
- Blossom Behavioral Wellness Center



44175 W. 12 MILE ROAD, NOVI, MI 48377 TWELVEMILECROSSING.COM

101201

## – **NEW YEAR** — GREETINGS!—



## **NOVI** Welcomes You

can't begin to share how excited I am to be writing my first welcome letter in Engage as your mayor! I am proud to have been elected by the residents of Novi and couldn't be more grateful for the opportunity to serve you. Throughout my time on City Council, I have been committed to making our city the best it can be and promise to continue those efforts during my time as your mayor. Novi is truly a special place, and I am excited to work with our community to make it even better.

While it may be cold in Novi this time of year, there is still plenty to do. Take some time to browse this edition of Engage and plan some winter fun for you and your loved ones. With so many great options and programs to choose from, I know you're sure to find something to keep you entertained all season long.

Speaking of entertainment, how about the Lions and their (hopefully) long playoff run? We were able to catch up with the Pardanani family about their fandom and their surprise gift from Good Morning America to go to a Monday Night Football game this season.

And while I know some of us will enjoy watching the snow fall this winter more than football, I also know that no one enjoys driving in it. It's a good thing we have the best Snow Team right here in Novi! Learn all about their efforts to keep Novi streets plowed and safe all season long later in this edition.

I am so honored to be your mayor and proud of our community. This winter, let's celebrate those leaving a positive impact on our community and making our Novi even stronger and more vibrant.

As we go into this new and exciting time for Novi, I hope to see you out in the community as you continue to remind me what makes our city so great.

From my family to yours, enjoy the winter weather and Happy New Year!

Sincerely,

with Pal finch

Mayor Justin Fischer





## ENGAGE

THE NOVI COMMUNITY MAGAZINE IS A CITY OF NOVI PUBLICATION PUBLISHED FIVE TIMES A YEAR

> 45175 Ten Mile Road Novi, MI 48375 248.347.0445 cityofnovi.org

#### **CITY COUNCIL**

Mayor Justin Fischer

Mayor Pro Tem Laura Marie Casey

Council Members David Stout, Brian Smith, Ericka Thomas, and Matt Heintz

> City Manager Victor Cardenas

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> X @cityofnovi



PROUD PARTNER IN NOVI PARKS PROGRAMMING













NEXT EVENT 05 NOVI NOW 06 CREATIVE OPP. 09 NOVI SNOW TEAMS 14-15 FITNESS 18 HEALTHY ACTIVE 21

PLAN YOUR

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HEALTH & SAFETY 27

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NOVI PARKS, RECREATION & CULTURAL SERVICES

**MOTHER & SON** 

GAME



7-9PM NOVI CIVIC CENTER

NIGHT

## \$15 RES. / \$18 NON-RES.

PRE-REGISTRATION REQUIRED FOR BOTH MOTHER AND SON(S)

CITYOFNOVI.ORG/REGISTRATION NO REGISTRATION AT THE DOOR



FOR MORE INFORMATION, CALL NOVI PARKS AT 248.347.0400.

#### IT'S **YOUR NOVI.** CONNECT **WITH US.**



#### CITY MANAGER'S OFFICE

Victor Cardenas, City Manager vcardenas@cityofnovi.org

Danielle Mahoney, Assistant City Manager dmahoney@cityofnovi.org (248) 347-0445

#### ASSESSING

Jan Ziozios Deputy Assessor jziozios@cityofnovi.org (248) 347-0485

• Property value and assessment

#### **CITY CLERK**

Cortney Hanson, City Clerk chanson@cityofnovi.org (248) 347-0456

- Passport Applications
- Federal and Local elections
- Official Record Keeper
- Notary Services
- No Knock Registry

#### COMMUNITY DEVELOPMENT

Charles Boulard, Director cboulard@cityofnovi.org (248) 347-0415

- Planning and Building permits
- Code Compliance
- Local land use laws, plans
- and environment regulations

#### COMMUNITY RELATIONS

Sheryl Walsh-Molloy, Director of Communications swalsh@cityofnovi.org (248) 735-5628

- Media Relations
- Marketing / Communications
- Neighborhood Relations
- Studio No.VICommunity Engagement

#### ECONOMIC DEVELOPMENT

Mike McCready, Economic Development Director

mmccready@cityofnovi.org (248) 347-0580

 Business Attraction and Retention

#### FINANCE

Carl Johnson, Director/Chief Financial Officer cjohnson@cityofnovi.org (248) 347-0465

- Accounting and budgeting
- Debt administration
  - Accounts receivable and accounts payable
- Maintenance of fiscally responsible government

#### HUMAN RESOURCES

Tia Gronlund-Fox, Director tgronlundfox@cityofnovi.org (248) 347-0452

- Employment Opportunities
- Employee benefits

#### INTEGRATED SOLUTIONS

#### Rob Petty, Chief Informati

Chief Information Officer rpetty@cityofnovi.org (248) 735-5605

- Facilities management
- Geospatial resourcesParks and municipal grounds
- management
- Technology

#### LIBRARY

Julie Farkas, Director jfarkas@novilibrary.org (248) 349-0720

- STEM/STEAM learning
- Unique art pieces
- Early literacy initiatives
- Meeting room space
- 3D Printing & Virtual Reality Innovative programming
- for all ages
- Book discussions
- Business Resource Center

#### PARKS, RECREATION AND CULTURAL SERVICES

Jeff Muck, Director jmuck@cityofnovi.org (248) 347-0400

- Recreation programming
- Cultural arts
- Older Adult Services
- Facility reservations

#### PUBLIC SAFETY, POLICE AND FIRE

Erick Zinser, Director/Chief of Police ezinser@cityofnovi.org (248) 348-7100

- Police and Fire operations
- Emergency preparedness
- Safety Training and Education
- Community Emergency Response Team (CERT)
- Emergency notifications

#### PUBLIC WORKS

Jeff Herczeg, Director jherczeg@cityofnovi.org (248) 735-5640

- Infrastructure asset management such as roads, water main pipe and sanitary sewer main pipe
- Engineering
- Forestry operations
  - Fleet maintenance

#### TREASURY

Tina Glenn, Assistant City Treasurer tglenn@cityofnovi.org (248) 347-0444

- Dog License
- Property Tax payment
- E-bill set-up
- Utility bill payment

#### YOUTH SERVICES

Youth Assistance (248) 675-3089

- Adopt a family
- Mentors PLUS
- Family education
- Professional counseling

#### GENERAL INFORMATION

cityofnovi.org (248) 347-0460

City Administration Hours: Monday - Friday 8am - 5pm

Police, Fire and/or Medical Emergency: 911

Non-Emergency: (248) 348-7100

Parks Information Hotline: (248) 347-0473

Emergency Information Hotline: (248) 567-0311



#### O: 313.271.5600 F: 313.271.4579

#### ADVERTISE WITH ENGAGE!

#### Paul D. Johnson 313.377.6899

Spencer Johnson 313.271.5600 Ext. 105

## PLAN YOUR NEXT EVENT CITYOFNOVI.ORG/RENTALS



#### **NOVI CIVIC CENTER**

45175 Ten Mile Road | 248.347.0400 | cityofnovi.org Open 8am-10pm 7 days a week. Three-hour minimum on weekends. Deposit required. Wi-Fi access. Rentals are subject to state and county health orders. Visit cityofnovi.org/rentals for Novi Civic Center Rental Rates

#### PARK SHELTERS

Reservations for 2024 are available online or in-person beginning January 9. Visit cityofnovi.org/rentals to learn more.

#### SPECIAL EVENT PACKAGE

This package includes the multi-use quarters, activities room, atrium, council chambers, and kitchen. The package requires a four-hour minimum rental.

#### NOVI PUBLIC LIBRARY

45255 Ten Mile Road | 248.869.7204 novilibrary.org Mon-Thu 10am-9pm Fri, Sat 10am-6pm Sun 12pm-6pm

The Library has six meeting rooms available for rent. All Library Meeting Rooms, including the Patio, have Wi-Fi access. Some library meeting rooms are available outside of Library business hours. For information or reservations, call 248.869.7204 or email: administration@novilibrary.org.

#### **NOVI ICE ARENA**

42400 Nick Lidstrom Dr. | 248.347.6166

noviicearena.org

Party packages that include pizza or hot dogs, pop, cake, skating and more are available for groups up to 30 people. To learn more about private ice time for special events, games, etc. please call 248.347.6166.

5 ENGAGE

## novi <mark>NOW</mark>

#### NATURE. NURTURE. NOVI.

#### Seed Swap Day Sat, 10am Jan 27

Calling all gardeners! Join other plant enthusiasts as we exchange seeds, knowledge and inspiration. Bring your seeds, bulbs, and plants and swap them with like-minded individuals who share your passion for growing. Pre-registration is required.

Age: Any Price: Free Location: Novi Civic Center

#### Finding Bigfoot Feb 1-28

Have you heard there have been sightings of Bigfoot in Novi! A total of 25 mini-Bigfoots will be found throughout Novi Parks and Trails, and your goal is to find as many as you can. At the end of the month send a photo with you and Bigfoot to smiller@cityofnovi.org and you will be entered into a drawing to win two days at Camp Lakeshore. Stay tuned to Facebook.com/noviparks for additional event information. Age: All Price: Free

Location: Novi Parks and Trails



#### Nerf Night Fri, 6-9pm Mar 8

Grab your Nerf guns and get ready to battle. An all-out Nerf war is about to begin with capture the flag, hunger games, human's vs zombies and freeze tag. Bring your own Nerf guns, darts will be supplied. Each participant will receive a snack and drink. Grades: 1-3, 6-7:25pm 4-6, 7:35-9pm

Price: Res \$15/Non-Res \$17 Location: Lakeshore Park Building Registration Ends: Mar 6





#### Shamrock Shuffle Wed, 10am-noon or 5:30-7:30pm Mar 13

Wear green and join us for this two-mile shamrockin' themed hike. Go on a scavenger hunt and find all 17 shamrocks hidden along the trail. After, warm up inside with some hot chocolate. Bring your boots, walk at your own pace, meet new people, and have fun. Register at cityofnovi.org so we can send you event and weather updates. Please note that this path is unpaved.

Age: Any Price: Free

Location: Lakeshore Park Trails and Building Registration Deadline: Mar 12

#### Camp Invention - Spring Break Camp Mon-Thu 8am-3:30pm March 25-28

Give your young innovator an unforgettable adventure! All-new, hands-on activities will launch their imagination and get their confidence soaring as they explore STEM fun from skateparks to learning budding entrepreneurship skills. Campers will design their own mini skateboard, build a skatepark, create light-up party hats, transform their MimicBot into a one-of-a-kind animatronic Stuffie, and then launch their own pop-up business, make strong financial decisions, and use entrepreneurship skills and creative strategies to attract customers to the ultimate block party! Extended Day Care available with the program running from 7:30am-5:30pm with an additional cost per week. To register, visit campinvention.org. Grade: K-6

Price:\$285 Location: Novi Civic Center Registration Ends: Mar 8

## **SAVE** THE DATE

Novi Summer Camps Camp PowerPlay and Camp Lakeshore Registration begins Monday, April 1, 8am



## **Do You Have A MINUTE?** Help Make Novi Better!

The City of Novi is working with FlashVote to engage the community and gather valuable input from residents to inform our decisions.

We encourage residents to sign up by visiting **flashvote.com/cityofnovi** or call **775-235-2240** to participate by phone or text only.

Sign-up takes less than one minute, and your input is always kept anonymous. Personal or demographic information collected by FlashVote is never shared with the City or anyone else. When residents sign up, they can determine how surveys are received – whether by email, text or phone call. They will receive a notification whenever there is a new survey, and they will have 48 hours to participate before voting closes. Once a survey is closed, everyone who participated will automatically receive a summary of the overall results and be able to see how their responses compare to the group.

Thank you for making a valuable impact on our community!



7 ENGAGE



## A DAUGHTER DANCE

## FRIDAY, FEB. 2, 7-9PM SATURDAY, FEB. 3, 2-4PM, 7-9PM NOVI CIVIC CENTER

#### \$15 RES./\$18 NON-RES.

Keepsake charm and corsage available for an additional cost.

> Pre-registration required for both dad and daughter(s). No registration at the door. Price will increase after Jan 30.

For more information and to register, visit cityofnovi.org or call 248.347.0400.

## ive opportunities

#### DANCE OPPORTUNITIES

#### **Classes with Allongé Dance Works**

At Allongé Dance Works, we believe that all students deserve a nurturing environment to achieve their dance goals. Whether recreational or pre-professional, pre-teen or adult, all students are equally deserving of the best training we can offer. We strive to expand our students' skills through carefully curated curriculum and age-appropriate teaching. We achieve our high standard of training with our exceptionally knowledgeable and kind staff. The Allonge team includes; Chelsea Erickson, Director, Michelle Quenon, Ballet Mistress & Assistant Director, Haley Galindo, Instructor and Sarah Mervyn, Instructor.

#### Ballet I

#### Wed, 4:20-5pm, Jan 17-Apr 24 (13 classes) Sat, 12:20-1pm, Jan 13-Apr 20 (14 classes) No class Mar 27, Mar 30, Apr 17

Ballet I is for students looking to move beyond Princess Ballet. Students will begin with a stretch and light conditioning to increase flexibility and strength, and then proceed through classical ballet exercises at the barre and center. This class includes a recital on April 27th.

#### Age: 5-9

Price: 14 classes - Res. \$246/Non-Res. \$283 13 classes - Res. \$232/Non-Res. \$267 Location: Novi Civic Center **Registration Ends: Jan 10** Instructor: Allongé Dance Works

## Aae: 7-12

#### Ballet II/III

Mon/Wed, 5-5:45pm Jan 17-Apr 24 No class Feb 19, Mar 25, Mar 27, Apr 17

Ballet II/III is a combined level class for the young dancer who wants to continue more seriously on their ballet journey. Students in this class are ready to learn more complicated jumps and begin to learn to turn, all while increasing their strength, flexibility, and stamina. Students will also increase their knowledge of classical repertoire, and work on their artistry along with their technique. This class includes a recital on April 27th.

Age: 5-8 Price: Res. \$375/Non-Res. \$413 Location: Novi Civic Center **Registration Ends: Jan 10** Instructor: Allongé Dance Works

#### **Ballet IV**

#### Mon/Wed/Fri, 5:45-7:15pm Jan 17-Apr 26 No class Feb 19, Mar 8, Mar 25, Mar 27, Mar 29, Apr 17, Apr 19

Ballet IV is for the serious student who wants to improve their ballet technique. Students in this class are ready to learn more advanced turns and jumps while improving their strength and flexibility. Students will also learn variations to increase their classical repertoire knowledge. Teacher invitation only. Bun and uniform are required for each class. This class includes a recital on April 27th.

9 ENGAGE

Price: Res. \$623.50/Non-Res. \$685.50 Location: Novi Civic Center **Registration Ends: Jan 10** Instructor: Allongé Dance Works



#### Contemporary Fri, 5-5:45pm Jan 19-Apr 26 No class Mar 8, Mar 29, Apr 19

Contemporary is a growing style that is very important for the young, serious dance to learn. Contemporary dance has grown out of modern dance, to allow the dancer more freedom in their movement. This class is based in ballet technique, so experience in ballet is highly recommended. This class is open to Ballet I, II, III or IV students. This class includes a recital on April 27th. **Age: 5-13** 

Price: Res. \$206/Non-Res. \$237 Location: Novi Civic Center Registration Ends: Jan 12 Instructor: Allongé Dance Works

Hip Hop I Thu, 5-5:40pm Jan 18-Apr 25 No class Mar 28

This fun high energy dance class will introduce participants to a variety of moves, steps, and footwork! Hip hop integrates fun floorwork with upbeat music and fun dance moves. This class includes a recital on April 27th.

Age: 5-7 Price: Res. \$232/Non-Res. \$267 Location: Novi Civic Center Registration Ends: Jan 11 Instructor: Allongé Dance Works

#### Hip Hop II Thu, 5:40-6:20pm Jan 18-Apr 25 No class Mar 28

Hip Hop II is for the slightly older and more advanced dancer who is ready for more complicated movement! This class will work on personal creativity and performance quality. This class includes a recital on April 27th.

#### Age: 7-9

Price: Res. \$232/Non-Res. \$267 Location: Novi Civic Center Registration Ends: Jan 11 Instructor: Allongé Dance Works

Hip Hop III Thu, 6:20-7pm Jan 18-Apr 25 No class Mar 28

Take your moves to new heights! This class is perfect for a dancer who already has hip hop experience and is looking for harder choreography and some new exciting hip hop tricks! This class also focuses on developing dancers' artistry and connection with their fellow dancers. This class includes a recital on April 27th.

Age: 9-12 Price: Res. \$232/Non-Res \$267 Location: Novi Civic Center Registration Ends: Jan 11 Instructor: Allongé Dance Works

#### Jazz/Lyrical Thu, 7-7:45pm Jan 18-Apr 25 No class Mar 28

This new combo class begins with an athletic warm-up before progressing to basic jazz technique, including center and across the floor work. The class will be split between upbeat jazz and emotional lyrical, to give students a chance to try out both styles in one. This class is fine for those who have taken dance before, as well as older students who are new to the dance world. This class includes a recital on April 27th.

#### Age: 9-12

Price: Res. \$232/Non-Res \$267 Location: Novi Civic Center Registration Ends: Jan 11 Instructor: Allongé Dance Works

#### **Princess Ballet**

Mon, 4:30-5pm, Jan 22-Apr 22 (12 classes) Fri, 4:30-5pm, Jan 19-Apr 26 (12 classes) Sat, 10-10:30am, Jan 13-Apr 20 (13 classes) Sat, 11:10-11:40am, Jan 13-Apr 20 (13 classes) No class Feb 19, Mar 8, Mar 25, Mar 29, Mar 30, Apr 19

Introduce your little one to the beautiful world of ballet! This class is perfect for your little dancer to learn basic ballet positions, steps, and terminology, all while dancing to classical music. The class begins with a social minute to catch up with friends, then proceeds to a nice stretch on the floor. The bulk of the class will be the beginning of classical ballet "barre" and will end with freeze dance to let our creativity flow! This class includes a recital on April 27th.

#### Age: 3-6

Price: 12 classes Res. \$188/Non-Res \$216 13 classes Res. \$199.50/Non-Res. \$229.50 Location: Novi Civic Center Registration Ends: Jan 10 Instructor: Allongé Dance Works

#### Tap & Toes I Sat, 10:30-11:10am Jan 13-Apr 20 No class Mar 30

This introductory class is perfect for any little dancer who wants to make some noise! The class will start with 20 minutes of ballet stretch and class, and then it is time to put on tap shoes! Students will learn beginning tap movements, and a fun dance to show them off! The class ends with freeze dance to engage your little dancer's creativity. This class includes a recital on April 27th. **Age: 3-6** 

#### Price: Res. \$219/ Non-Res. \$252 Location: Novi Civic Center Registration Ends: Jan 8 Instructor: Allongé Dance Works



#### Tap & Toes II/III Sat, 11:40am-12:20pm Jan 13-Apr 20 No class Mar 30

Tap and Toes II/III is a combined level class for young dancers who have already taken tap and toes I or II, or have comparable experience in ballet or tap. The class begins with ballet and ends with tap. Students will work on rhythm, as well as more complicated steps for tap, and will begin to learn how to use the barre in ballet. This class includes a ballet recital on April 27th.

#### Age: 4-7 Price: Res. \$219/ Non-Res. \$252 Location: Novi Civic Center Registration Ends: Jan 8 Instructor: Allongé Dance Works

Baby Ballet Sat, 9-9:30am Sat, 9:30-10am Jan 13-Apr 20 No class Mar 30

Introduce your little one to the wonderful world of dance with this fun parent toddler class. Participants will have fun with basic movement and steps with the support of mom or dad.

#### Age: 2-3 Price: Res. \$149.50/ Non-Res. \$179.50 Location: Novi Civic Contor

Location: Novi Civic Center Registration Ends: Jan 8 Instructor: Allongé Dance Works

#### Hawaiian & Polynesian Dance

The Polynesian Dancers of Michigan and Halau 'O Ku'ukamali'l Kuikanani School of Dancer are excited to continue to bring authentic cultural experience and classes to Novi! Our dance school is under the direction of Kumu Hula Kau'l from Kaneohe, "Oahu and taught locally by Pamela Ku'ukamali'l Gibson. All classes are rooted in the traditional Halau Hula (Hula School) style of teaching and will integrate Hawaiian value, language, and proper cultural protocol in the learning process.

**11 ENGAGE** 

#### Kids Hula Level 1 (Beginner)

Tue, 5:45-6:25pm Jan 16-Mar 19 No class Feb 20 Age: 4-6 Price: Res. \$99/Non-Res. \$119 Location: Novi Civic Center Registration Ends: Jan 9 Instructor: Polynesian Dancers of Michigan

#### Kids Hula Level 2 Tue, 6:30-7:10pm Jan 16-Mar 19

No class Feb 20 Age: 7-12 Price: Res. \$99/Non-Res. \$119 Location: Novi Civic Center Registration Ends: Jan 9 Instructor: Polynesian Dancers of Michigan

#### Kids Hula Advanced (Invite Only) Tue, 6-7:10pm Jan 16-Mar 19

No class Feb 20

Age: 7-13 Price: Res. \$108/Non-Res. \$130 Location: Novi Civic Center Registration Ends: Jan 9 Instructor: Polynesian Dancers of Michigan

#### Advance Hula Performance Group (Invite Only)

Tue, 7:15-8:30pm Jan 16-Mar 19

No class Feb 20 Age: 13+ Price: Res. \$108/Non-Res. \$130 Location: Novi Civic Center Registration Ends: Jan 9 Instructor: Polynesian Dancers of Michigan

#### Older Adult Hula Fri, 9:30-10:30am

Jan 19-Mar 22 No class Feb 23

Age: 30+ Price: Res. \$108/Non-Res. \$130 Location: Novi Civic Center Registration Ends: Jan 12 Instructor: Polynesian Dancers of Michigan

#### Teen & Adult Hula Basics Sat, 8:30-9:15am

Jan 20-Mar 23

No class Feb 24 Age: 13+

Price: Res. \$108/Non-Res. \$130 Location: Lakeshore Park Building Registration Ends: Jan 13 Instructor: Polynesian Dancers of Michigan

#### Advanced Adult Hula (Invite Only)

Sat, 9:20-10:30am Jan 20-Mar 23 No class Feb 24 Age: 13+ Price: Res. \$108/Non-Res. \$130 Location: Lakeshore Park Building Registration Ends: Jan 13 Instructor: Polynesian Dancers of Michigan

#### Halau Hula – Returning Students Sat, 10:35am-12:30pm

Jan 20-Mar 23

No class Feb 24 Age: 13+ Price: Res. \$145/Non-Res. \$174 Location: Lakeshore Park Building Registration Ends: Jan 13 Instructor: Polynesian Dancers of Michigan



**Mexico Lindo Ballet Folklorico** In these classes, students will learn footwork techniques, proper use of skirt technique, choreographic patterns and formations.

Mexico Lindo: Kids Mon/Wed, 6-7pm Mar 11-Jun 5 No class Mar 25, Mar 27, Apr 10, Apr 24, May 6, May 22, May 27 Age: 5-12 Price: Res. \$100/Non-Res. \$120 Registration Ends: Mar 4

Mexico Lindo: Teens and Adult Advanced Wed, 7-8pm Mar 11-Jun 5 No class Mar 25, Mar 27, Apr 10, Apr 24, May 6, May 22, May 27 Age: 13+ Price: Res. \$100/Non-Res. \$120 Registration Ends: Mar 4

Mexico Lindo: Teen and Adult Beginner/Intermediate Wed, 8-9pm Mar 11-Jun 5 No class Mar 25, Mar 27, Apr 10, Apr 24, May 6, May 22, May 27 Age: 6-11

Price: Res. \$100/Non-Res. \$120 Registration Ends: Mar 5

#### **MUSIC OPPORTUNITIES**

#### Novi Choralaires – Novi's Community Choir

The Novi Choralaires, Novi's community chorus, will host open rehearsals on Tuesday, January 9 and 16. Members of the chorus live in Novi and the surrounding communities. They share a love of singing and entertaining others. They are happy to include all voices and those with all levels of musical experience. No audition is held. Come to the Novi Middle School choir room, from 7:30 – 9:30 pm on either or both dates.

For more information on concerts or the group, visit their website, novichoralaires.org or visit their Facebook page at facebook.com/novichoralaires.

#### Novi Concert Band

The Novi Concert Band is always looking for musicians (winds, brass, percussion). We perform music for Novi and the surrounding area. All musicians are welcome to join Tuesday rehearsals from 7:30 -9:15pm in the Novi Middle School Band Room. We perform all styles of music. There is no charge for the performances, with donations being welcome. For additional information, go to noviconcertband@live.com.

#### Musikgarten Tue, 10-10:40am Jan 9-Mar 19 No class Feb 20

Participate with your child in singing, chanting, moving, dancing, focused listening, and instrumental play. Through this music and movement, your child's musical aptitude and listening abilities are enhanced and further developed. Activities are designed to increase your child's curiosity about music, establish a sense of beat, as well as a foundation for singing and musical thought. Material fee of \$44 due to the instructor for family material kit on the first day of class. Kit includes: Parent book, CD & digital code, and instrument. Cash or check made out to Musical Expressions.

#### Age: 3 months-3.5 years Price: Res. \$140/Non-Res. \$168 Registration Ends: Jan 2 Location: Novi Civic Center Instructor: Janice Ferrarotti



#### THEATRE OPPORTUNITIES

Novi Youth Theatre partners with In the Mitten Productions to offer an excellent youth theatre program. Kim Gearns and her team provide youth, at all levels, a forum to showcase all they can do on the stage!

Novi Youth Theatre Presents Disney Descendants The Musical Join Novi Youth Theatre for their production of Disney Descendants.

Audition Date: Jan 7, 11am-3pm Show Dates: Apr 11-15 Location: Novi Civic Center

#### **ART OPPORTUNITIES**

#### **Classes with KidCreate Studios**

KidCreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. The curriculum is age-appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments!

#### Frosty Fun Camp Sat, 1-2pm Jan 13-Feb 3

Let's get artsy this winter! In this creative class you'll be able to whip up a flurry of projects full of frosty fun. From designing your own winter wonderland scenes to a wintery dio-rama the possibilities are endless. With a variety of materials at your disposal and guidance from our instructors, you'll be amazed at what you can create. Come warm up with us and bring some artistic joy to this chilly season.

#### Age: 4-9 Price: Res. \$80/Non-Res. \$96 Location: Novi Civic Center Registration Ends: Jan 10

#### Valentine's Love Bug Sat, 10-11am Feb 10

Get artsy this Valentine's Day with your little lovebug! In this class, artists will sculpt, paint, and more as they create a cute ladybug sculpture with adorable heart-shaped wings perfect for Valentine's Day. Come create along with your child; children must be accompanied by a caregiver.

Age: 1.5-6 Price: Res. \$25/Non-Res. \$30 Location: Novi Civic Center Registration Ends: Feb 6

#### Mess to the Max Sat, 10-11am Feb 17-Mar 9

We will be maximizing the mess to make this art class the very best! Get excited to paint with plaster, sculpt with gooey gunk, make paper mâché puppies, and fling paint like Jackson Pollock. We will even learn some cool stuff along the way. These projects are so messy your mom would never let you make them at home. Age: 4-9

Price: Res. \$80/Non-Res. \$96 Location: Novi Civic Center Registration Ends: Feb 14



**13 ENGAGE** 

# The The December of the Decemb

## ······ That Keeps Novi Moving ······

#### Novi's Snow Team committed to keeping roads clear and residents safe all winter long

hen winter comes and the snow starts to fall, many people dread the thought of driving or even walking outside. But there is one team of dedicated individuals who are always ready for the challenge: the City of Novi's Snow Team.

Comprised of over 30 highly trained technicians, this group braves harsh conditions and long hours to clear and maintain Novi's extensive road network, ensuring safe passage for residents throughout the winter season.

"We spend a lot of time and take a lot of pride in what we do, and we will continue to strive to be the industry's best," said Field Operations Manager Matt Wiktorowski.

Novi's Snow Team clears over 500 lane miles of road within the City, including several roads under the jurisdiction of the Road Commission for Oakland County through a cost-sharing agreement. The only roads on which the team does not provide winter maintenance are Haggerty Road, Eight Mile Road, Napier Road, Pontiac Trail, 14 Mile Road, I-96, I-696, I-275, and M-5.

Work Leader Dean Reid, who has been a member of the Novi Snow Team for over 20 years, begins prepping for major storms long before the first snowflake hits Novi. He monitors upcoming storms regularly and takes that information to develop a plan with Wiktorowski and other work leaders on the best action to tackle the storm.

On the day or night of the storm, the Novi Snow Team springs to action to pre-treat roadways and ensure the 60,000-pound trucks are ready and prepped. Once the plows are loaded, Reid and others head out to plow streets in Novi, beginning on major roads, neighborhood entrances/exits, and municipal parking lots before heading to residential streets and non-motorized routes abutting City-owned property.

ENGAGE 14 WINTER 2024

"Our goal is to make sure that our police officers, firefighters and residents can get to where they need to go and commerce can continue flowing in the City, whether that be during a wet and heavy snow, a fluffy snow or an ice storm," Wiktorowski said.





#### Novi Parks Program Registration Online at cityofnovi.org Download registration form and mail check to: 45175 10 Mile Road, Novi, MI 48375



#### Snow clearing in Novi falls under one of two categories:

- Category 1: For snowfall less than three inches in depth, major roads, the 200 lane miles that are traveled by most of vehicular traffic as well as emergency vehicles, are divided into five routes that are plowed and de-iced on an as-needed basis, 24 hours per day, seven days per week through the duration of the storm. At the conclusion of the storm, 312 lane miles of local and neighborhood roads are plowed, and spot de-iced on an as-needed basis during regular business hours, Monday through Friday, unless otherwise deemed necessary by the Director of Public Works.
- Category 2: For snowfall greater than three inches in depth, the same rules apply for major roads as category 1, but once those roads are in a safe, travelable condition, local roads are plowed curb to curb and spot de-iced at the end of the storm.
   Should weather conditions deteriorate, causing the major roads to become unsafe, local street clearing operations will be suspended until the major roads are returned to safe travel conditions. This type of winter weather event could require additional days to clear all City streets.

The Snow Team's dedication also extends far beyond the winter months. They meticulously analyze data from previous years, craft detailed maps, attend industry conferences, and constantly seek innovative approaches to enhance their efficiency and effectiveness.

"It's a challenging job, but we take immense pride in what we do," Reid said. "Our goal is for you to hardly notice we're there whenever possible. We want you to wake up each morning to clean, safe roads."

TO STAY INFORMED DURING WINTER EVENTS, FOLLOW THE City of Novi's social media channels and visit cityofnovi.org/snow.

#### **Residents can support the Novi Snow Team by:**

- Staying at least 50 feet behind plow trucks
- Clearing snow from the sidewalk in front of their property and around their mailbox
- Keeping children and items out of the right-of-way and snowbanks
- Being patient as crews work to plow roads
- When your street gets plowed, snow from the plow's blade gets deposited along the edge of the street including at the entrance to your driveway. Please be aware that the City does not plow drive approaches. Also, please do not move snow back into the roadway as it creates an added hazard for vehicles, plus it violates the City's ordinance. To help alleviate this issue, please use this snow-clearing diagram as a guide:



15 ENGAGE

CITY OF NOVI | PARKS, RECREATION & CULTURAL SERVICES 248.347.0400 | WEATHER HOTLINE: 248.347.0473 | CITYOFNOVI.ORG



## THE COMMUNITY BULLETIN BOARD

### **BE AWARE OF** THE SNOW SHOVELI ORDINANCE This winter

As a reminder, the City of Novi's ordinance requires that all ice and snow be removed from sidewalks within 48 hours following the end of a snowstorm with an accumulation of more than two inches — many thanks for keeping sidewalks safe and enjoyable all winter long.

## PARK Reservations Begin on January 9

Are you planning a gathering or party in 2024? The City of Novi Park reservations can be reserved online or in person at the Novi Civic Center beginning Tuesday, January 9 at 8am. Visit cityofnovi.org/rentals to learn more.



## WINTER CURBSIDE TRASH COLLECTION TIPS

Make curbside collection easier this winter for you and GFL with these tips:

- Keep carts clear of snow and ice with the lids closed and accessible to trucks.
- Don't place carts on snowbanks. Clear an area near the curb so the cart can rest flat.
- Don't put carts in the streets, as this may cause them to be blocked by vehicles or damaged by snowplows.



#### SHARE YOUR NOVI STORIES

Do you have a story about you or someone in our community doing incredible things, helping neighbors or experiencing something unique? We want to hear from you! The City of Novi is looking to publish your Novi story in an upcoming edition of Engage. If you have a story idea you'd like to share, please email it to communityrelations @cityofnovi.org.



## You'd Wear it Wear it Become a Part-Time

## There's a locker with your name on it

GREEN

Competitive wages, **tuition reimbursement** and **bonuses** 

Training for certification provided

Firefighter

Extra income for professionals with variable daytime, evening & weekend schedules





Signing

Bonus

\$5,000



## FITNESS



#### **OUTDOOR FITNESS**

#### **FITNESS**

Drums Alive! Tue, 10:45-11:30am Jan 16-Feb 20 (6wks) Wed, 11:30am-12:15pm Jan 10-Feb 21 (6wks) No class Jan 24

Exercise to the beat of your own drum – literally! Feel and experience the pulsating rhythms, dynamic movements, and powerful percussions of this high-energy fitness program with a beat. The workout combines traditional aerobic movements with the powerful beat and rhythms of drums. You'll use a provided large exercise ball with a pair of drumsticks. The best part is that anyone can do it, regardless of age, fitness level or physical limitations.

Age: 18+ Price: Res. \$36/Non-Res. \$43 Location: Novi Civic Center Registration Ends: Jan 9 Instructor: Madison Lachance





#### Run Novi – Distance Team Wed, 6pm and Sat, 8am Feb 7-May 29 (31 sessions) No meeting Mar 2 and May 25

The Run Team Novi - Distance Team consists of runners who are training for a half or full marathon and seek the assistance of a nationally certified running coach. Coach Lee Mamola will provide each member with a personal training plans and specific types of workouts each week. Additionally, seminars, weekly coach led group runs, and aid stations at weekly long runs. Additional support involving the topics of; strength work, nutrition, race prep and strategy, and similar topics.

Runners of all abilities are welcomed but should have been training for approximately eight weeks and running an average of 20 or more miles per week before the first week of this program. Saturday will be long runs, typically at Kensington Metro Park (note: a park pass is required and is not included with this program). Wednesday runs will start at the Novi Civic Center and be shorter, more intense runs.

A pre-program meeting for registrants will take place on Jan 31 at 7pm.

Age: 18+ Price: Res. \$170/Non-Res. \$200 Location: Novi Civic Center, local parks TBD Registration Ends: Jan 31 Coach: Lee Mamola

Novi Parks Program Registration Online at cityofnovi.org Download registration form and mail check to: 45175 10 Mile Road, Novi, MI 48375 Stretch and Strength Mon, 9-10am Jan 8-Feb 26 (6 wks) No class Jan 15 and Feb 19 Mar 4-Apr 8 (6 wks) Wed, 9-10am Jan 3-Feb 14 (7 wks) Feb 21-Apr 3 (7 wks) Fri, 9-10am Jan 5-Feb 16 (7 wks) Feb 23-Apr 12 (7 wks) No class Mar 29

Improve your stamina, strength, and flexibility. Each workout includes a cardio workout (low or high impact aerobics), strength training and stretching. All exercises are adaptable so you can work at your page. Exercises are done standing and/or citting

work at your own pace. Exercises are done standing and/or sitting. Join us for a variety of great music and laughs! Bring hand-held weights and a water bottle. Jo has been teaching this popular class since 1994.

#### Age: 40+

Price: 6 wks Res. \$36/Non-Res. \$43 7 wks Res. \$42/Non-Res. \$50 Location: Meadowbrook Activity Center Registration Ends: Mon class Jan 5/Mar 1, Wed class Jan 2/ Feb 20, Fri class Jan 4/Feb 22 Instructor: Jo Schirtzinger, Leisure Unlimited

#### Zumba

Wed, 6:45-7:45pm Jan 10-Feb 14 (6 wks) Feb 28-Apr 17 (7 wks) No class Mar 27 Thu, 6:30-7:30pm (Zoom Only) Jan 11-Feb 15 (6 wks) Feb 29-Apr 18 (7 wks) No class Mar 28

Zumba classes combine fast and slow cardiovascular movements set to Latin beats and high energy music. No dance experience is necessary. Please wear comfortable clothing, tennis shoes, and have a water bottle handy.

Age: 14+ Price: 6 wks Res. \$36/Non-Res. \$43 7 wks Res. \$42/Non-Res. \$50 Location: Wed - Novi Civic Center, Thu - Zoom Registration Ends: Wed classes Jan 9/Feb 27, Thu classes Jan 10/Feb 28 Instructor: Elizabeth Shaieb



Zumba Gold Mon, 6:30-7:30pm Jan 8-Feb 26 (6 wks) No class Jan 15 and Feb 19 Mar 4-Apr 8 (6 wks) Sat, 9:30-10:30am Jan 6-Feb 10 (6 wks) Feb 24-Mar 30 (6 wks)

Zumba Gold is a fun, lower impact dance aerobics class modeled after the original Zumba! Perfect for active older adults, people new to fitness or those just looking for a lower intensity class. Gold blends the world rhythms you love with easy-to-follow choreography. Each class focuses on safely strengthening all your muscles while improving balance, range of motion, and coordination. Come ready to have fun and leave empowered.

#### Age: 50+

Price: Res. \$45/Non-Res. \$54 Location: Meadowbrook Activity Center Registration Ends: Mon class Jan 5/Mar 1, Sat class Jan 4/Feb 22 Instructor: Pam Janson

#### **Morning Tone & Stretch**

Mon, 9:15-10:15am Jan 8-Feb 5 (4 wks) No class Jan 15 Mar 4-Apr 1 (4 wks) No class Mar 11 Wed, 9:15-10:15am Jan 3-Feb 7 (6 wks) Feb 21-Apr 3 (6 wks) No class Mar 13 Fri, 9:15-10:15am Jan 5-Feb 9 Zoom Only (6 wks) Feb 23-Apr 5 Zoom Only (5 wks) No class on Mar 15 and Mar 29

This class works all the major muscles of the body with the use

of handheld weights. Improve bone density and strength. Boost metabolism to aid in weight loss. Improve posture. You can work at a lower level and work your way up. (Mat and weights provided). Age: 18+

Price: 4 wks Res. \$32/Non-Res \$38 5 wks Res. \$40/Non-Res. \$48 6 wks Res. \$48/Non-Res. \$58 Location: Novi Civic Center Registration Ends: Mon class Jan 5/Mar 1, Wed class Jan 2/Feb 16, Fri class Jan 3/Feb 21 Instructor: Kimberly Chilton

Keep on Movin' Mon and Wed, 10:45-11:30am Jan 3-Feb 7 (10 classes) No class Jan 15 Feb 21-Apr 1 (11 classes) No class Mar 13

Improve circulation and reduce stiffness through range of motion, build strength, balance, and flexibility. Most exercises are done seated in a chair, so this class is especially accommodating for those with bad knees, hips, and other limitations. **Age: 50+** 

Price: 10 classes Res. \$60/Non-Res. \$72 11 classes Res. \$66/Non-Res. \$79 Location: Meadowbrook Activity Center Registration Ends: Jan 2/Feb 16 Instructor: Kimberly Chilton

## JOIN OUR DUR TEAM





## **APPLY TODAY**

#### Tai Chi Chu'an Beginner/Intermediate Tue, 5:45-6:45pm Feb 20-Apr 9 (8 wks)

Tai Chi Chu'an, sometimes referred to as "meditation in motion," is an ancient Chinese martial art consisting of a sequence of low-impact, slow, graceful motions that relax and strengthen the mind, body, and spirit. Tai Chi Chu'an is endorsed by the Arthritis Foundation. Participants learn at their own pace and no experience is needed. Classes are intended for the more active adult. This class will introduce Wu Style Tai Chi Chu'an principles focusing on coordinated breathing, basic movements which improve balance while learning the short 12 step form. Students will learn five basic warm-up exercises, coordinated breathing exercises, balance and weight shift controls that will prepare students for the longer standard 108 form.

Age: 18+

Price: Res. \$64/Non-Res. \$77 Location: Meadowbrook Activity Center Registration Ends: Feb 16 Instructor: Wendy Williams

#### Tai Chi Chu'an Intermediate+ Feb 20-Apr 9 (8 wks)

2

This is an ongoing class for the continued study of Wu Style Tai Chi Chu'an. Students improve upon basic principles, warm-ups, breathing meditation, and learn more advanced forms beginning with the 108 Standard Form and the 54 Competition Form. Perquisite: 12 Step Form, Beginner Level.

Age: 18+ Price: Res. \$64/Non-Res. \$77 Location: Meadowbrook Activity Center Registration Ends: Feb 16 Instructor: Wendy Williams

#### Chair Yoga Tue, 10-10:45am Jan 9-Feb 27 (8 wks)

1

Chair Yoga is a gentle practice in which postures are performed while seated and/or standing with the aid of a chair. Chair yoga can also benefit a beginner student getting acquainted with the different postures as well as practicing the link of breath and movement. Class also incorporates a variety of strength, flexibility, balance, and range of motion exercises.

Age: 18+ Price: Res. \$48/Non-Res. \$58 Location: Meadowbrook Activity Center Registration Ends: Jan 5 Instructor: Iris Lokar



#### **ADULT DANCE**

See pages 9 - 12 for a list of dance classes.

**ADULT SPORTS** 

#### BASKETBALL

Adult 3 on 3 Basketball League Wednesday, 8-10pm Jan 10-Feb 28 (Seven nights of doubleheaders, eighth night championship)

The Adult 3 on 3 Basketball League in Novi is back! Season includes seven nights of doubleheaders, 25-minute time limit, and an official will oversee the contest. The top four teams will play the eighth week for a shot at the championship!

Age: 18+ Price: Team \$126 (\* Referee fee: \$20 per game/per team paid on site) Individual \$42 Location: Novi Community Schools Registration Ends: Jan 3

#### CORNHOLE

#### Adult Cornhole League Tue, 7:45-9pm Jan 9-Feb 13

Join Novi Parks for this popular tailgating game! Each team has two players, but subs can be added to team rosters. Teams will play at least four single games each week. Following a five-week regular season, a tournament will take place in the final week. **Age: 18+** 

Price (per team): Res. \$60/Non-Res. \$72 Location: Lakeshore Park Building Registration Ends: Dec 27

#### PICKLEBALL

#### Pickleball Lessons w/Fred Procter Tue, 2:30-3:30pm & 4-5pm Winter Session 1: Jan 9-Feb 13 Winter Session 2: Feb 20-Mar 26

The six-week session will be your opportunity to stop by and learn with other players in the area! Coach Procter has many years of pickleball experience and looks forward to sharing his knowledge with you! Paddles will be available, but we suggest you bring your own. Balls will be supplied.

#### Age: 18+

Price: Res. \$64/Non-Res. \$77 Location: SPARC Sports and Recreation Registration Ends: Jan 2

#### Pickleball Ladder League Sun, 1-2:30pm

#### Jan 7-Feb 25, Mar 3- Apr 21

This program is perfect for pickleball players who want to get out and play against others in the area. The league will last eight weeks. You will remain on your court each week while rotating with four other players. During the day you will play one game with each partner to 11 on your court and record your scores. The highest score on each court will bump up and the lowest scoring will bump down for the next week of play. Please note: This league is recreational in nature, but a basic understanding of Pickleball is expected. Prizes will be awarded to the top players! **Age: 18+** 

21 ENGAGE

Price: Res. \$49/Non-Res. \$59 Location: SPARC Sports and Recreation Registration Ends: Dec 28, Feb 26

#### SOFTBALL

#### Adult Spring Doubleheader Softball League Mon, Tue, Wed – Men's Divisions Thu, Fri – Co-Ed Divisions

ientative Sprir	ig sease	on Dates
Date	Day	League
Apr 22-Jun 10	Mon	Men's D
Apr 22-Jun 10	Mon	Men's E
Apr 23-Jun 4	Tue	Men's D
Apr 23-Jun 4	Tue	Men's E
Apr 24-Jun 5	Wed	Men's D
Apr 24-Jun 5	Wed	Men's E
Apr 25-Jun 6	Thu	Co-ed D
Apr 25-Jun 6	Thu	Co-ed E
Apr 19-Jun 7	Fri	Co-ed D
Apr 19-Jun 7	Fri	Co-ed E
		· · ·

Join us in the most sought-after softball league in the area! The first of our three seasons includes six weeks of doubleheaders (12 games) plus a post-season single elimination tournament, weather permitting. The beautiful Ella Mae Power Park provides you with optimal playing conditions at any competition level. Register as a team or call the parks office at 248.347.0400 to be placed on a 'free agent' list as an individual.

Umpire fees per game are \$20 (per team) and are the responsibility of the teams at the field. A mandatory Spring season manager's meeting will be held Apr 4 via zoom at 6:30pm.

#### Price: \$599

#### Location: Ella Mae Power Park

Game Times: \*6:30pm + 7:35pm & 8:40pm + 9:45pm – Subject to Change\*

Registration: Registration for returning Spring 2023 teams opens at 8am on Tuesday, January 2. On this date returning teams may sign up the same day that they played in Spring 2023.

Registration for new teams opens at 8am on Friday, March 1 Registration Ends: Mar 28 (Leagues always fill fast. Don't wait!)

#### Adult Summer and Fall Doubleheader Softball

Returning teams from Summer of 2023 and Fall of 2023 will also have the option to register for their respective seasons on January 2.

#### TABLE TENNIS

#### Table Tennis w/ Michigan Table Tennis Academy Wed, 7-8:30pm

#### Winter Session: Jan 10-Feb 14

#### Spring Session: Feb 28-Apr 10 (no class Mar 27)

Join Coach David Kleshchik, former Table Tennis Champion of Ukraine, to learn the fundamentals of table tennis! This sport offers a mix of mental, physical, and social benefits. No matter what your age, table tennis can benefit your health and help improve reflexes and coordination.

#### Age: 18+

#### Price: Res. \$96/Non-Res. \$115 Location: SPARC Arena Registration Ends: Jan 3/Feb 21

#### VOLLEYBALL

#### Adult Volleyball Open Gym Friday, 8-10pm

#### Jan 12-May 3

Perfect for adults who want to play volleyball for fun! Registration will be limited to the first 20 registrants. Another session may be added if the waitlist warrants it. NOTE: This is not a drop-in program. Please attempt to attend at least 75% of the sessions. **Age: 16+** 

#### Price: Res: \$70/Non-Res. \$84 Location: Novi Community Schools Registration Ends: Jan 5

#### Chair Volleyball Tue & Thu, 1:45-3pm

Chair volleyball is great for upper body mobility and joint flexibility. It enhances your muscle tone, reflexes, hand-to-eye coordination, and endurance. The game is played with a beach ball and a five foot high net. Rules are similar to regular volleyball except you are sitting down!

#### Age: 55+

#### Price: Free Location: Novi Civic Center Registration Ends: Drop-In Program

#### KARATE

Family Self Defense Center (FSDC) offers nationally award-winning, family friendly Isshinryu karate classes for all ages and abilities. Students will be grouped by age and rank, and work with a Certified Instructor for one-hour per week, learning practical martial arts in a fun and encouraging environment.



#### Beginner Karate (White, Yellow, Orange, Blue Belts) Tue, 6-7pm

#### Winter Session: Jan 9-Mar 19 (no class Feb 27) Age: 5+ Price: Res. \$120/Non-Res. \$144 Location: Novi Civic Center Registration Ends: Jan 16

Instructor: Family Self Defense Center

#### Advanced Karate (Purple, Green, Brown Belts) Tue, 7-8pm

Winter Session: Jan 9-Mar 19 (no class Feb 27) Age: 5+ Price: Res. \$120/Non-Res. \$144 Location: Novi Civic Center Registration Ends: Jan 16 Instructor: Family Self Defense Center

#### **Black Belts**

#### Tue, 7-8pm

#### Winter Session: Jan 9-Mar 19 (no class Feb 27)

Age: 8+ Price: Res. \$85/Non-Res. \$102 Location: Novi Civic Center Registration Ends: Jan 16 Instructor: Family Self Defense Center

### ENGAGE 22 WINTER 2024



#### YOUTH SPORTS

#### ARCHERY

Novi Archery Teams Fri, 5-6pm & 6-7pm Practices: Mar 22-May 17 Tournament: Sat, May 18

Novi Parks has joined with Farmington Hills Special Services to offer Novi students the opportunity to join an archery team and represent your school! Everyone who registers will be accepted on the team and all skill levels are welcome from beginners to advanced. All necessary equipment, coaching by USA Level 1 & 2 instructors, tournament fees, and team shirt will be provided. Students are allowed to use their own equipment.

Age: Grades 5-8 (5-6pm), Grades 9-12 (6-7pm) Price: \$150 Location: Riley Archery Range Registration Ends: Feb 23

You must register online at: https://recreg.fhgov.com For more information call (248) 473-1800

#### BASKETBALL

#### Leisure Unlimited Youth Basketball Clinic Wed, 5:45-6:45pm Jan 10-Feb 7

Feb 14-Mar 20

Jump into basketball this year! For the beginning or intermediate player. Players will learn passing, dribbling, shooting, player positions, offense & defense. Drills are fun and progressive. Scrimmages played during class time help kids develop a better understanding of the game. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes. Bring a water bottle.

Age: 7-10

Price: Res. \$75/Non-Res. \$90 Location: Novi Meadows 6th Grade Gym Registration Ends: Jan 3/Feb 7

#### CORNHOLE

#### Parent/Child Cornhole League Tue, 6:15-7:30pm Jan 9-Feb 13

Join Novi Parks for this popular tailgating game! Cornhole is a simple and fun game for all ages. Each team has two players. Teams will play at least four single games each week. Following a five-week regular season, a tournament will take place in the final week.

Age: 7+ Price (per team): Res. \$60/Non-Res. \$72 Location: Lakeshore Park Building Registration Ends: Dec 27

#### FOOTBALL

#### Spring NFL Youth Flag Football, presented by National Flag Football Sun

#### Dates are TBD

This is a 5 vs. 5, non-contact, recreational, co-ed format open to both beginner and experienced players. Teams are formed by grade, school, and buddy requests. Practices take place one hour prior to game time each week. Participates will receive an NFL Flag jersey and flag belt to keep.

#### Age: 4-14

Price: \$135.00 + 4% processing fee Location: ITC Community Sports Park Registration Ends: Mar 1

You must register online at: www.NationalFlagFootball.com For more information call (248) 454-9700

#### SOCCER

#### Soccer Skills & Drills by Nak4Fit Tue

#### Jan 9-Feb 13

Join Coach Laine Nakfoor to stay in shape and improve your game. Sessions will focus on individual skill development, ball control, beating opponents, scoring goals, and improving speed and fitness.

Age (Time): 7-10 (7:15-8:15pm), 11-16 (8:15-9:15pm) Price: Res. \$84/Non-Res. \$100 Location: Novi Community Schools Registration Ends: Jan 3 (or until full)

#### Spring Recreational Soccer League – NPSC Thunder Season: Apr 1-early Jun

This instructional soccer league will focus on developing the basic fundamentals while providing a supportive and fun environment. Covered shin guards are mandatory for all participants. All games for U5-U8 take place in Novi. The U9 and older divisions will play four home games, four away games, and they play against other recreational teams from neighboring communities such as Northville, Plymouth, Canton, Farmington, etc. Visit cityofnovi.org/soccer for more details.

Returning players will use their uniform from Fall 2023 and will play on the same team providing the volunteer coach returns. New players are welcome! If you are interested in volunteering as a coach, please indicate so during the registration process. Coaches will receive \$25 credit to their account for future use in any Novi Parks program.

23 ENGAGE

U5-U6 Price: Res. \$94\*/Non-Res. \$112\* U7-U8 Price: Res. \$114\*/Non-Res. \$136\* U9-U19 Price: Res. \$144\*/Non-Res. \$172\* \*Additional uniform fee if child did not play in Fall 2023 Practice Location: Novi area soccer fields Home Game Location: Bosco Fields Registration Ends: Feb 28

#### Tiny Tikes Soccer Season: Sat, Apr 27-May 18

#### Times: 9am, 10am, 11am, or noon

Participants will play in four practices/games and each session will take place in a 45-minute time slot. A parent for every child is expected to help during each session and they will be allowed on the field to help the players.

#### Age: Born between Jan 2020-Apr 2021 Price: Res. \$44\*/Non-Res. \$52\*

\*Additional jersey fee if child does not have a Tiny Tikes jersey Location: Bosco Fields

Registration Deadline: Apr 3 (or until full)

#### TABLE TENNIS

#### Table Tennis w/ Michigan Table Tennis AcademyWed, 5:30-7pm

#### Winter Session: Jan 10-Feb 14

#### Spring Session: Feb 28-Apr 10 (no class Mar 27)

Join Coach David Kleshchik, former Table Tennis Champion of Ukraine, to learn the fundamentals of table tennis! This sport offers a mix of mental, physical, and social benefits. No matter what your age, table tennis can benefit your health and help improve reflexes and coordination.

Age: 7-17 Price: Res. \$96/Non-Res. \$115 Location: SPARC Arena Registration Ends: Jan 3/Feb 21

#### TENNIS

#### Youth Beginner Tennis with Todd Beyer or Staff

Learn the sport of a lifetime! Students will be taught the fundamentals of how to hold the racquet, correct swing technique for all strokes and proper footwork. Bring your own racquet and plan to hit a lot of balls in this fast-paced program with Coach Todd Beyer

Ages	Day	Dates	Time		
Winter Session 1:					
7-10	Wed	Jan 10-Feb 7	7:15-8:15pm		
11-15	Wed	Jan 10-Feb 7	8:15-9:15pm		
7-10	Fri	Jan 12-Feb 9	6:15-7:15pm		
Winter Session 2:					
7-10	Wed	Feb 14-Mar 13	7:15-8:15pm		
11-15	Wed	Feb 14-Mar 13	8:15-9:15pm		
7-10	Fri	Feb 16-Mar 15	6:15-7:15pm		
Price: Res. \$74/Non-Res. \$89					
Location: Novi Woods Gym					



#### Youth Intermediate Tennis with Todd Beyer or Staff

Take the next step in your tennis development! Students will focus on footwork, improving serves, slice/topspin groundstrokes, learning how to build a point, and playing competitive games. Bring your own racquet and plan to hit a lot of balls in this fast-paced program with Coach Todd Bever.

program with coden load beyen.				
Ages	Day	Dates	Time	
Winter Session 1:				
7-10	Thu	Jan 11-Feb 8	7:15-8:15pm	
11-15	Thu	Jan 11-Feb 8	8:15-9:15pm	
7-10	Fri	Jan 12-Feb 9	7:15-8:15pm	
11-15	Fri	Jan 12-Feb 9	8:15-9:15pm	
Winter Session 2:				
7-10	Thu	Feb 15-Mar 14	7:15-8:15pm	
11-15	Thu	Feb 15-Mar 14	8:15-9:15pm	
7-10	Fri	Feb 16-Mar 15	7:15-8:15pm	
11-15	Fri	Feb 16-Mar 15	8:15-9:15pm	
Price Pes \$74/Non-Res \$89				

#### Price: Res. \$74/Non-Res. \$89 Location: Novi Woods Gym

Registration Ends: Jan 3/Feb 7

#### **TUMBLE BUNNIES**

#### Itty Bitty Bunnies Gymnastics Mon, 6-6:30pm, Jan 22-Mar 18\* \*No Class Feb 19 Thu, 9:30-10am, Jan 25-Mar 21\*

#### \*No Class Mar 7

This class has parents working with their child in a fun, energetic class that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, and many activities on different equipment. Comfortable clothing required.

Age: 18 months-almost 3 Price: Session 1 Res. \$100/Non-Res. \$120 Instructor: Tumble Bunnies Location: Novi Civic Center Registration Ends: Jan 18

#### Bizzy Bunnies Gymnastics Mon, 6:35-7:05pm, Jan 22-Mar 18\* \*No Class Feb 19 Thu, 10:05-10:35am, Jan 25-Mar 21\*

#### \*No Class Mar 7

Tumble Bunnies includes a warm-up, across the floor activities, movement to music, and an outrageously fun obstacle course. Each child will be introduced and learn cartwheels, handstands, bridges, flips and a variety of skills on many different pieces of equipment. Comfortable clothing required.

Age: 3-4

Price: Session 1 Res. \$100/Non-Res. \$120 Instructor: Tumble Bunnies Location: Novi Civic Center Registration Ends: Jan 18

#### Happy Hoppers Gymnastics Mon, 7:10-7:40pm, Jan 22-Mar 18\* \*No Class Feb 19

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Classes are fun, fast-moving, and challenging. Comfortable clothing required. **Age: 5-7** 

Price: Session 1 Res. \$100/Non-Res. \$120 Instructor: Tumble Bunnies Location: Novi Civic Center Registration Ends: Jan 18

## GET SURPRISE OF A LIFETIME!

or the Pardanani family of Novi, being Detroit Lions fans has been a family tradition. From cheering on the team at home to tailgating to taking the whole family to Ford Field, their love for the Lions has always remained constant.

Each member of the Pardanani family has their own favorite Lion. Raj, the patriarch of the family, loves Amon-Ra St. Brown but can't help but smile when thinking back on the dynamic duo of Matthew Stafford and Calvin Johnson. Jigisha, Raj's wife, being a University of Georgia grad, can't help but also reminisce about the leadership and toughness of Matthew Stafford. Their daughters, Naina and Sonia, are fans of the current Lions' young and dynamic defense, especially Aidan Hutchinson.

Like nearly every Lions fan, the Pardanani family has been through the ups and downs of fandom, tough losses, and disappointing seasons, especially living in Wisconsin during the 0-16 season, but they have never wavered in their support for the team.

Little did they know that their fandom was about to be taken to the next level. This past October, the Pardanani family was surprised with tickets to the Monday Night Football game between the Lions and the Las Vegas Raiders. The announcement came live on Good Morning America as Lions mascot Roary and their favorite Peloton instructor, Jess Sims, knocked on their door, much to the shock and delight of the family.

"The whole experience was surreal," Raj said. "Being on Good Morning America alone was a big deal, but in the middle of the interview, having Roary and Jess Sims surprise us on our porch just blew our minds."

> The surprise was even more special because it was the first regular season game the Pardanani's attended together as a family.

"That place was electric, and it was such a cool atmosphere," Raj said. "It was a fun time for the family there."

As for the rest of the season, the Pardanani family hopes to see the Lions continue to win like they did on Monday Night Football and make a deep playoff run.

> "Let's get to the playoffs and see what we can do," Raj said. "Anything can happen."

> > 25 ENGAGE

CITY OF NOVI | PARKS, RECREATION & CULTURAL SERVICES 248.347.0400 | WEATHER HOTLINE: 248.347.0473 | CITYOFNOVI.ORG

## novi ice ARENA

#### 42400 Nick Lidstrom Drive 248.347.6166 novicearena.com

#### **ICE SKATING**

Winter 1 Session 2023 Tue, 4:50–7:35pm Fri, 2–3pm Sat, 9:20–11:35am Jan 2–Feb 17 Winter 2 Session 2023 Tue, 4:50–7:35pm Fri, 2–3pm Sat, 9:20–11:35am Feb 20-Apr 6

The Suburban Skating School provides nationally recognized Learn to Skate programming within our communities in a professional, inclusive, and safe environment. Our passionate staff empowers individuals to pursue various avenues of skating and achieve their goals, be it in figure skating or ice hockey. Skating with us is a fun way to build confidence while finding health, happiness, and opportunities on the ice.

Age: 3 - Adult Price: Starts at \$110/6 weeks Location: Novi Ice Arena Winter 1 Registration Ends: January 1 online, January 26 in person Winter 2 Registration Ends: February 19 online, March 4 in person

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#### **ICE HOCKEY**

#### Hockey Development Program - Winter Jan 6–Mar 16

#### Sat, 11:45am-12:35pm

A fun, challenging environment for players to develop fundamental skills including balance and agility, backward skating, stickhandling, passing and receiving, shooting and game concepts. Some skating experience required.

Age: 8 & under, 9-14 Price: \$195/session Location: Novi Ice Arena Fall Registration Ends: January 3 online and in person (dependent on registration)

Novi Parks Program Registration Online at cityofnovi.org Download registration form and mail check to: 45175 10 Mile Road, Novi, MI 48375

## health & SAFETY

#### **HOME WATCH**

The Novi Police Department has developed and implemented a Home Watch Program for residents who are on vacation or gone from their homes for an extended period of time. Novi residents can come to Police Headquarters, call 248.348.7100, or fill out an online form under the Government/Public Safety tab at cityofnovi.org to arrange a Home Watch check.

#### **DRUG TAKE BACK PROGRAM**

The Novi Police Department accepts unwanted prescription medications on a continuous basis. Citizens may turn in unwanted medications 24 hours a day by bringing them to the Novi Police Headquarters, located at 45125 Ten Mile Road. A person turning in prescription medications can remain anonymous, if they choose.

#### **NIXLE TEXT & EMAIL ALERTS**

Community members may subscribe to Nixle to receive real-time public safety information including emergencies, traffic issues, missing persons, and more. Visit nixle.com or cityofnovi.org to register.

#### **VOLUNTEERS IN PUBLIC SAFETY (VIPS)**

The mission of the Novi VIPS Program is to "Observe, Report and Educate." VIPS members can help educate community members about rules and local ordinances for the safety of all residents. VIPS members also help patrol handicapped parking and report on any situation requiring a public safety response. Contact Sgt. Mark Boody at 248.348.7100 for more information.

#### **FILE OF LIFE**

The Novi Fire Department offers free File of Life envelopes in which you can place medical records in and affix to your refrigerator. This allows emergency response staff easy access to crucial information. To obtain a File of Life or for more information contact the Novi Fire Department at 248.349.2162.

#### COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

Help keep Novi safe, prepared and resilient when incidents occur by becoming a member of our Community Emergency Response Team. Training consists of 24 hours of instruction on



topics that include disaster preparedness, fire safety, disaster medical operations, light search and rescue, team organization, and disaster psychology. Upon completion of the training, participants are encouraged to continue their involvement by participating in training activities and volunteering for projects that support their community's disaster preparedness efforts. To learn more or volunteer, visit cityofnovi.org/CERT or call 248.347.0556.

#### HOME FIRE INSPECTIONS

The Novi Fire Department will provide a free courtesy Home Safety Inspection. At the conclusion of the inspection a copy of the findings will be given to the resident along with suggestions and recommendations on how to correct any hazard found during the inspection. To schedule an appointment, contact the Novi Fire Department at 248.349.2162.





#### **CHILD CAR SEAT SAFETY CHECKS** SAT, 9-NOON **JAN 20, FEB 17**

The Novi Fire Department provides free child car seat safety checks and installations, seven days a week by appointment only. They also hold free safety checks on Saturdays, at Fire Station #4 from 9am-noon, no appointment necessary. The Novi Fire Department has four certified and licensed Child Passenger Safety Technicians on staff ready to provide the most updated information and a free check of your child seat and, if necessary, perform a complete child seat installation. All technicians were recently certified through the State of Michigan Department of Community Health and the National Child Passenger Safety Board (National Highway Traffic Safety Administration) after completing an intensive, 40-hour course.

Community members are asked to bring the following items to the inspection:

- Vehicles owner's manual
- Car Seat owner's manual
- And, if possible, the child who will be "properly secured" in safety seat.

Contact the Novi Fire Department at 248.349.2162 to schedule an appointment.

#### FIRE & FALL PREVENTION FOR OLDER ADULTS

The Fire and Fall Prevention for Older Adults Program is designed to educate residents of the hazards within their own homes that could cause harm by leading to a fire or causing injury. To schedule an appointment, contact the Novi Fire Department at 248.349.2162.

#### ADULT AND CHILD HEARTSAVER CPR WED, 6:30-10PM **JAN 3, FEB 7**

This is an American Heart Association course covering CPR and choking emergencies for adults and children. Students will receive a two-year certification card upon successful completion of the course. Free for Novi residents. Register online at cityofnovi.org or at the front desk of the Civic Center. Call 248.347.0400 for more information.

Aae: 16+

Price: Res. Free / Non-Res. \$45 Location: Novi Fire Station #4, 49375 Ten Mile, at Wixom Road.

#### **FLOODPLAIN & FLOOD INSURANCE AWARENESS & INFORMATION SERVICE**

Certain areas within Novi fall within the Floodplain or Floodway as designated by the Federal Emergency Management Administration (FEMA). Mandatory Flood insurance may be required. The City of Novi Community Development Department offers free floodplain determinations and will provide necessary floodplain information regarding your home or business. City staff provides flood protection and drainage advice to residents. Staff also makes on-site visits to offer technical information if you have flooding or drainage problems in your home or yard. Call the Community Development Department at 248.347.0415 to set up an appointment. Elevation Certificates for many structures within or near the floodplain are also available. Current FEMA and Flood Insurance Rate Maps (FIRMS) are also available at cityofnovi.org. Information is also available on the FEMA website or floodsmart.gov.

1. Keep all brush and debris out of streams and ditches; this helps flood water to flow freely.

- 2. Store valuables and insurance papers in a waterproof container.
- 3. Call (248) 347-0415 to find out if your property is in a flood risk zone.
- 4. Get a building permit before building in a flood plain.
- 5. If the road is underwater, turn around, dont' drown.
- 6. Ask your insurance agent if you are covered for flood damage.





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## beyond **BOOKS**

#### **NOVI PUBLIC LIBRARY**

#### **Contact Us**

45255 W. 10 Mile Rd. Novi, MI 48375 248-349-0720 Novilibrary.org

#### **Library Hours**

Mon-Thu 10am-9pm Fri, Sat 10am-6pm Sun 12pm-6pm

#### Closures

- Saturday, December 23 Saturday, December 30
- Sunday, December 24 Sunday, December 31
- Monday, December 25 Monday, January 1

#### Novi Library Café Mon-Fri, 10am-5pm

Visit the NPL Café during

you will find items such as

your next visit! On the menu, sandwiches, pizza, snacks, and

a variety of hot and cold beverages madeto-order. Catering options also are available through the Café. Visit our website to view their menu, get information about ordering, and more!

#### Follow us!

- facebook.com/novipubliclibrary
- @novilibrary & @novilibraryteens

#### **Donation Opportunity**

We gratefully acknowledge those who have contributed to the Novi Public Library. Thank you for your support!

- Carol Neumann
- Paragon Leadership in memory of Charles Pall
- Renee Pall Lynn R. Boluch
- Judith Wright Michael Nauss
- Helen McAskin in memory of Roger Davidson

#### **MLK Unity Celebration**

Celebrate the service and impact of Martin Luther King, Jr's life by joining us on in-person on Monday, January 15 at 10am. All ages are welcome to attend on this day of unity and service. Visit novilibrary.org or call 248-349-0720 to register.

#### WiFi @ NPL Gets an Upgrade!

New this past fall, we completed the installation of our new outdoor WIFI. This extension to our coverage provides WIFI in both our East Parking Lot and the patio and lawn area to the west of our building. Guests should be able to access WIFI from their car or while having a picnic during the warmer months.

We also added brand new WIFI hardware indoors. This gear is so powerful, we were able to reduce the number of access points in our building from 20 to only 10 and still improve our strength and coverage area. This new system doesn't require a server, so the risk of our WIFI crashing is very low.

So come to NPL, bring your laptop or smartphone and enjoy a strong internet connection through our new WIFI.



#### 2024 Adult Reading Challenge

Read all year with us! This year's Adult Reading Challenge will be a bingo sheet you will turn in at the end of the year. You can complete your bingo sheet on a physical paper log found at the 2nd Floor Reference Desk or digitally using the Beanstack App! We will continue to have displays on the 2nd floor to help you find books related to the challenge. Three 2nd place winners and 1 grand prize winner will be chosen at the end of the year. Happy Reading!



#### Cozy Up with a Good Book Winter **Reading Challenge**

'Tis the season for coziness! Now through February 29, grab a blanket, your fluffy socks, and your favorite warm drink and get ready for a new reading challenge. Track how many books you read, learn about winter festivals and celebrations across the world, or partake in a seasonal activity for a chance to win a personalized item created in our iCube! Three raffle winners will be chosen each month for those participants who complete at least 4 digital challenge badges. Guests of all ages are welcome to participate! For more information, visit novilibrary.org.



#### LIBRARY BOARD

#### Library Board Meetings Thu, 7-9pm Jan 25 – Council Chambers

#### Feb 15 – Novi Public Library West Meeting Room

Library Board meetings are held each month to review library financials, make policy decisions, and provide board operational oversight of the Library. Public is always welcome.

#### FRIENDS OF THE NOVI PUBLIC LIBRARY

#### Board Meetings Wed, 7pm Jan 10

We support and advocate for our Library! Through Book Nook sales, and membership fees, the Friends sponsor the annual Community Reads and Summer Reading Program, Battle of the Books, the iCube Makerspace, and more! Looking to volunteer? Join us! Email friends@novilibrary.org.

#### NOVI HISTORICAL COMMISSION MEETINGS

#### Third Wednesday of the month, 7-8:45pm Jan 17, Feb 21

Public is always welcome. Meetings discuss ongoing and future projects.

Ages: 18+ Price: Free Community Event Registration Begins: No Registration Location: Local History Room

#### LOCAL HISTORY ROOM OFFICE HOURS

#### Mon, Noon-2pm (First Monday of the month) Feb 5

#### Mon, 6-8pm (Third Monday of the month) Jan 15, Feb 19

Meet members of the Commission, tour the Local History Room and receive research assistance on the first and third Mondays of the month.

Ages: 16+ Price: Free Community Event Registration Begins: No Registration Location: Local History Room

#### **GENEALOGICAL ASSISTANCE**

#### Northville Genealogical Society Mon, Noon-2pm Jan 29, Feb 26

Jan 29, Feb 26 The Northville Genealogical Society will be offering free genealogical research assistance on the 4th Monday of each month. Drop in to ask questions, get help on ancestry databases, and more. Due to COVID concerns, the Library respects the request from our presenters to require masks be worn during this program.

#### Ages: 18+

Price: Free Community Event Registration Begins: No Registration Location: Local History Room

#### NEW TO THE ICUBE MAKERSPACE

#### Epson Expression 13000XL Graphics Art Scanner and A3 Transparency Unit



Engineered for demanding applica-

tions such as photo archiving and graphic arts, this powerful scanner uses the latest technology to truly capture your originals—a 2400 x 4800 dpi resolution allows for clean, sharp images. This scanner brings exceptional versatility to the table, accommodating reflective and other media types up to 12.2" x 17.2". One-touch color restoration using Easy Photo Fix® technology, batch scanning, and powerful LaserSoft Imaging SilverFast AI scanning and image processing software help enhance productivity and expand the limits of what a professional scanner can do.



The A3 Transparency Unit fits onto the scanner by replacing the document cover and enables you to scan transparent materials such as films and slides in full color. It includes a transparency guide and film holders of different sizes, ranging from 35mm strips to 4" x 5" large format film.

#### ADULT PROGRAMS

#### MLK Day

#### Mon, 10am-noon Jan 15

Join us in celebration of the life and legacy of Dr. Martin Luther

King, Jr! Ages: 18+

Price: Free Community Event Registration Begins: Dec 15 Location: Whole Meeting Room

#### Preschool and Childcare Resource Fair Wed, 6:30-8pm

#### Jan 17

Looking for information on local preschools and childcare programs? Representatives from local Novi and surrounding area preschools and childcare centers will be at the Library to provide information about their programs. Don't miss your chance to meet staff and ask questions!

Ages: All Price: Free Community Event Registration Begins: No Registration Location: Whole Meeting Room

#### Lunch with Lincoln

#### Thu, 11:30am

#### Feb 1

In recognition of Presidents Day, Join us for "Abraham Lincoln: A New Birth of Freedom. This historical reenactment portrayal of Mr. Lincoln covers the period from Independence through the Civil War, and the 12 turbulent years from 1854-1865. It also includes his inspiring personal story. Lunch will be provided

#### Ages: 18+

Price: Free Community Event Registration Begins: Dec 15 Location: Whole Meeting Room

#### More Than Motown Mon, 6:30pm Feb 19

Join us in recognition of Black History Month as we explore the deep-rooted music of African American culture, including what goes beyond the expected sounds of Motown. Learn about the history and current connections between culture and music from educator and historian, Jamon Jordan of Black Scroll Network. Also, enjoy live music from extraordinary musicians.

Ages: All Price: Free Community Event Registration Begins: Dec 15 Location: Whole Meeting Room

#### HEALTH AND WELLNESS PROGRAMS

#### Understanding Seasonal Affective Disorder – Virtual Fri, 6:30pm

#### Jan 5

When the days get shorter and there is less daylight, you may start to feel sad. While many people experience the "winter blues," some people may have a type of depression called seasonal affective disorder (SAD). Join us for this 2-part series as we discuss the signs to look for and activities to help you feel better.

#### Ages: Teens & Adults Price: Free Community Event Registration Begins: Dec 15 Location: Virtual - Zoom and Facebook Live

#### Novi Mental Health Alliance Mon, 6:30pm Jan 8, Feb 5

The mission of this group is to raise mental health awareness, well-being, and self-efficacy in the Novi Community School District's (NCSD) K-12 system for students, with the support of parents, staff, and community members.

#### Ages: 18+ Price: Free Community Event Registration Begins: No Registration Required Location: 2nd Floor Meeting Room

#### Sleep Education for Everyone – Virtual Tue, 6:30pm Jan 30

The goal of this workshop is to understand the importance of sleep for both physical and mental health. Recognize the importance of sleep hygiene. Identify strategies to improve sleep.

#### Ages: 18+ Price: Free Community Event Registration Begins: Dec 15 Location: Virtual - Zoom and Facebook Live

#### Changing Negative Self-Talk – Virtual Tue, 6:30pm

#### Feb 6

We all have automatic thoughts, both positive and negative. Having more positive thoughts can influence how you manage stress. During this workshop participants will learn about the brain's negativity bias and how it affects our response to stress. In addition, we will talk about the benefits of positive self-talk and explore other tools for dealing with negative self-talk.

Ages: 18+ Price: Free Community Event Registration Begins: Dec 15 Location: Virtual - Zoom and Facebook Live

#### **CRAFTING PROGRAMS**

#### Knit2gether Knitting Group Thu, 10-11:30am

#### Jan 4, 11, 18, 25, Feb 1, 8, 15, 22, 29

Participants gather to enjoy their projects and the companionship of like-minded people. Skill levels range from beginner to expert. No instructor. Limited to 20 persons. No registration required. Ages: 18+

Price: Free Community Event Registration Begins: No Registration Location: Board Room

#### Craftastic Tuesday: Play with Polymer Clay Tue, 7-8:30pm

#### Jan 23

Join us in the iCube for crafting with polymer clay. We provide the clay & tools, you bring the creativity!

Ages: 16+ Price: Free Community Event Registration Begins: One Month Prior Location: iCube Makerspace

#### Masterpiece Monday

#### Mon, 6:30pm Jan 29

Join us to recreate a painted masterpiece of your very own! Explore an influential work of art and then follow along to paint your own version on canvas. Supplies are provided.

#### Ages: 18+

Price: Free Community Event Registration Begins: Dec 15 Location: Youth Activity Room

#### Craftastic Wednesday: Love Bugs Wed, 7-8:30pm

Feb 14

Join us on Valentine's Day to make a pair of papercraft beetles in fun festive colors. Give one to a friend, or keep them both for yourself!

Ages: 18+

Price: Free Community Event Registration Begins: Jan 14 Location: iCube Makerspace

#### **DISCUSSION GROUPS**

#### Coffee with the Superintendent (Morning) Thu, 10-11:30am

#### Jan 18, Feb 22

Join Superintendent Benjamin Mainka for a discussion on current topics relating to the schools. January topic: Student Activities and Athletics at NCSD. February topic: Updates in School Finance and Operations

Ages: 18+ Price: Free Community Event

Registration Begins: No Registration Location: East Meeting Room



#### Coffee with the Superintendent (Evening) Thu, 6-7:30pm Feb 8

Join Superintendent Benjamin Mainka for a discussion on current topics relating to the schools. February topic: A Day in the Life of a School Principal.

Ages: 18+ Price: Free Community Event Registration Begins: No Registration Location: East Meeting Room

#### Afternoon Read Book Club

#### Tue, 1-2pm

Jan 9: *River Sing Me Home* by Eleanor Shearer Feb 13: *All that She Carried* by Tiya Miles **Ages: 18+ Price: Free Community Event Registration Begins: 30 Days Before the Event Location: Board Room** 

#### Novel Idea Book Club

#### Mon, 7-8pm

Jan 22: The Wishing Game by Meg Shaffer Feb 26: The Prophets by Robert Jones Jr.

Ages: 18+ Price: Free Community Event Registration Begins: 30 Days Before the Event Location: Board Room

#### Strange Lands Book Club Thu, 7-8pm

Jan 11: The Invisible Life of Addie LaRue by V.E. Schwab Mar 14: How To Mars by David Ebenbach Delve into far-flung and fantastical worlds with us! We'll explore the best that sci-fi and fantasy have to offer, then come together to discuss.

#### Ages: 18+

#### Price: Free Community Event Registration Begins: 30 Days Before the Event Location: 2nd Floor Meeting Room

#### Lakeshore Park Book Club Thu, 6:30-8pm

Feb 15: Homegoing by Yaa Gyasi Mar 21 : Language of Flowers by Vanessa Diffenbough Apr 18: Storied Life of A.J. Fikry by Gabrielle Zevin May 16: The Aviator's Wife by Melanie Benjamin Enjoy a monthly book club at Lakeshore Park! Copies of the book are available on Libby and through the Library's shared system. Ages: 18+

#### Price: Free Community Event Registration Begins: 30 Days Prior Location: Lakeshore Park Building - 601 S. Lake Dr.

#### INTERNATIONAL PROGRAMMING

#### ESL Book Discussion - Mondays Mon, 10:30-noon

#### Mar 4, 11, 18 & 25, Apr 1, 8, 15 & 22

Improve your English and have fun! For High-Intermediate to Advanced English speakers only. We will discuss one book during the eight-week session. Books are provided and must be picked up the 1st week of class.

Ages: 21+ Price: \$7 book fee Registration Begins: Feb 1 Registration Ends: Mar 1 Location: Board Room

#### ESL Book Discussion - Wednesdays Wed, 1-2:30pm

#### Mar 6, 13, 20 & 27, Apr 3, 10, 17 & 24

Improve your English and have fun! For High-Intermediate to Advanced English speakers only. We will discuss one book during the eight-week session. Books are provided and must be picked up the 1st week of class.

Ages: 21+ Price: \$7 book fee Registration Begins: Feb 1 Registration Ends: Mar 1 Location: Board Room

#### English Conversation Group Tue, 1-2pm Jan 9 & 23, Feb 6 & 20

Make Friends while you practice your English pronunciation and conversation skills. All levels welcome. Free. Space is limited. No childcare provided.

Ages: 21+ Price: Free Community Event Registration: No Registration Location: Youth Activity Room



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#### English Language Lessons: Beginner Course Fri, 10:30am-noon

#### Mar 1, 8, 15, 22 & 29, Apr 5, 12 & 19

Free, structured English Lessons. Sign up for an 8-week session. This session is for beginners (people who need help putting sentences together verbally and written) to intermediate English Language Learners. Classes at this level are geared toward adults who have recently arrived in Michigan. Students will learn to speak, read and write basic casual English language. Space is limited.

Ages: 21+ Registration Begins: Feb 1 Registration Ends: Feb 29 Location: Board Room

#### English Language Lessons: Intermediate Course Fri, 1-2:30pm

#### Mar 1, 8, 15, 22 & 29, Apr 5, 12 & 19

This session is for intermediate to advanced English Language Learners. Free, structured English Lessons. Sign up for an 8-week session. This class is for adults who have lived in Michigan for a period of time and are comfortable/experienced with our culture, customs, travel, education, weather and residence (apartment/condominium/home) living. During the sessions, each adult student will practice/contribute to casual English conversation speaking on various weekly topics. Space is limited.

Ages: 21+ Registration Begins: Feb 1 Registration Ends: Feb 29 Location: Board Room

#### Japanese Conversation Group Wed, 6:30-8pm Feb 7

"こんにちは" Do you think your Japanese conversation skills are getting rusty? Let's practice and learn Japanese together! Knowledge of hiragana and katakana required.

Ages: 16+ Price: Free Community Event Registration Begins: Dec 1 Location: Youth Activity Room

#### Spanish Conversation Group Tue, 5-6:30pm Jan 16, Feb 20

Hola amigos! All levels of Spanish speakers from ZERO to NATIVE are welcome to join us!

Ages: 16+ Price: Free Community Event Registration Begins: Dec 1 Location: Youth Activity Room

#### Preschool and Childcare Resource Fair Wed, 6:30-8pm

#### Jan 17

Looking for information on local preschools and childcare programs? Representatives from local Novi and surrounding area preschools and childcare centers will be at the Library to provide information about their programs. Don't miss your chance to meet staff and ask questions!

Ages: All Price: Free Community Event Registration Begins: No Registration Location: Whole Meeting Room

#### EARLY LITERACY PROGRAMS

#### Baby Time Mon, 10:15-10:45am

#### Jan 8, 22 & 29, Feb 12, 19 & 26

This lap-sit program is for babies to attend with a parent/caregiver. Babies and children not yet walking will enjoy engaging stories, rhymes, songs, finger plays and other activities to promote early literacy and socialization. (No Story Times Jan 15, Feb 5-10)

Ages: 0-12 Months Price: Free Community Event Registration Begins: No Registration Location: West Meeting Room

#### Tot Time

#### Mon, 11:15-11:45am Jan 8, 22 & 29, Feb 12, 19 & 26

Tots and their parents/caregivers will enjoy a variety of fun stories, finger plays, songs, and rhymes to promote early literacy. (No Story Times Jan 15, Feb 5-10)

#### Ages: 12-24 Months Price: Free Community Event Registration Begins: No Registration Location: West Meeting Room

#### Time for Twos & Threes Tue, 10:15-10:45am Jan 9, 16, 23 & 30, Feb 13, 20 & 27

Children and their parents/caregiver will share stories, finger plays, action rhymes and songs. (No Story Times Feb 5-10)

Ages: 2-3 Years Price: Free Community Event Registration Begins: No Registration Location: West Meeting Room

#### Fun for Fours & Fives Thu, 2-2:30pm Jan 11, 18 & 25, Feb 1, 15, 22 & 29

Designed not only to promote a love of books and reading, but to be a listening, sharing, and enriching time. This program consists of stories, songs, conversation, and kid fun. Youngsters may choose to attend the program independently, but for legal reasons as well as the comfort of children, parents or caregivers must remain in the Library during the program. (No Story Times Feb 5-10)

#### Ages: 4-5 Years

Price: Free Community Event Registration Begins: No Registration Location: Story Time Room

#### Family Story Time Sat, 10:15-10:45am

#### Jan 13, 20 & 27, Feb 3, 17 & 24

Families will enjoy stories, songs, finger plays, and other activities to promote early literacy. (No Story Times Feb 5-10)

Ages: Birth-5 Years Price: Free Community Event Registration Begins: No Registration Location: West Meeting Room



#### YOUTH PROGRAMS

#### Take Your Child to the Library Day Sat, 1-3pm Feb 3

Children and their families are invited to celebrate Take Your Child

to the Library Day! We will offer fun activities, a meet-and-greet with some of our staff, free library card sign-ups, and more. **Ages: All** 

Registration Begins: No Registration Price: Free Community Event Location: Whole Meeting Room

#### Lego Club Tue, 6:30-7:15pm Jan 2, Feb 6

Join us once a month for Lego show-and-tell and building activities. We supply the Legos, you supply the imagination.

Grades: K-4 Registration Begins: No Registration Price: Free Community Event Location: Youth Activity Room

#### Tamil Enrichment Program Thu, 6-7pm

#### Jan 11, Feb 8, Mar 14

Learn Tamil Language! This workshop is hosted by the Nunmaan Tamil Academy and is designed to teach children in grades K-8 how to learn Tamil. With Interactive lessons and fun activities, students will not only learn but enjoy the process!

Grades: K-8 Registration Begins: One Month Prior Price: Free Community Event Location: Youth Activity Room

#### NO-VI Chess Club Thu, 7-8:30pm Jan 11, Feb 8

Join the NO-VI Chess Club on the 2nd Thursday of each month to participate, learn and sharpen your chess skill. All skill levels welcome!

Ages: 5+ Registration Begins: One Month Prior Price: Free Community Event Location: Whole Meeting Room

#### **Raised Salt Painting**

Wed, 7-8pm

Jan 10

Join us in creating beautiful crystalized paintings using salt and glue.

Grades: K-3 Registration Begins: One Month Prior Price: Free Community Event Location: West Meeting Room

#### Tail Waggin' Reading Buddies Wed, 6:30-7:30pm Jan 24, Feb 28

Our Tail Waggin' Reading Buddies program is an opportunity to provide a comfortable and non-judgmental space for a participant to read to a therapy dog to encourage the reading skills, confidence and love of reading. Each participant will have about 10 minutes to read to a dog. More time may be given if there are no other guests waiting. Please bring something to read with you.

#### Grades: K-6

Price: Free Community Event Registration Begins: No Registration Location: East Meeting Room

#### Abstract Canvas Art Wed, 7-8pm

Feb 21

Join us in transforming standard hand drawn art into mesmerizing abstract masterpieces.

Grades: K-3 Registration Begins: One Month Prior Price: Free Community Event Location: West Meeting Room

#### **GRAB AND GO CRAFT KITS**

Note that we have three registration times for our grab and go kits: 10:00am, 2:00pm, and 7:00pm. Please register for only one time slot.

We would love to see your completed projects! Email us your photos to asknovi@novilibrary.org that may be shared on social media.

#### Grab and Go Under the Sea Mon, All Day Jan 8

Register to get a Grab and Go Under the Sea Kit. You will have one week to pick up the kit starting on Monday, January 8th, through Monday, January 15th.

Grades: K-3 Price: Free Community Event Registration Begins: One Week Prior Location: Craft Grab and Go

#### TWEEN PROGRAMS

#### Camp Half-Blood Party

Tue, 6:30-8pm Jan 9

Look, we didn't want to be half-bloods, but we do want to party! Join us for a Percy Jackson party! We will have food and games inspired by the books and the show, a raffle for a series box set, and, best of all, no monsters trying to destroy us. Costumes encouraged!

#### Grades: 4-12

Registration Begins: One Month Prior Price: Free Community Event Location: Whole Meeting Room

#### **Tween Slime Party**

#### Tue, 7-8pm Jan 16

Tweens, join us at the library for a slime party! Make outrageous slime and have a good time with friends.

Grades: 4-8 Registration Begins: One Month Prior Price: Free Community Event Location: Youth Activity Room

NOVI PUBLIC LIBRARY | NOVILIBRARY.ORG | 248.349.0720

#### Hackathon Coding Workshop for Tweens and Teens Wed, 6:30-8pm Jan 31

Muhammad Hariri and Vihaan Vuppala, Novi High School students, will host a hackathon coding workshop for tweens and teens. Participants will be assigned a coding prompt in which they will work to successfully resolve. No prior coding experience necessary. Guests must bring their own laptop.

#### Grades: 7-12 Price: Free Community Event Registration Begins: One Month Prior Location: Board Room

#### Club Half-Blood

Thu, 6:30-7:30pm

Feb 1: The Lightning Thief Mar 7: The Sea of Monsters Apr 4: The Titan's Curse May 2: The Battle of the Labyrinth Jun 6: The Last Olympian

Calling all fans of Greek mythology, monsters, and mayhem! If you love the Percy Jackson series, or want to read it for the first time, join our monthly club for book talk, snacks, games, and crafts inspired by the books!

#### Grades: 4-8

Registration Begins: One Month Prior Price: Free Community Event Location: Youth Activity Room

#### Candy Sushi Tue, 7-8pm Feb 7

Tweens, what's better than sushi? Candy sushi! Join us in making sushi using candy and other tasty ingredients.

Grades: 4-8 Registration Begins: One Month Prior Price: Free Community Event Location: Youth Activity Room

#### TEEN SPACE

Teen Space is held on Monday-Friday from 2:45-5pm (except during vacation breaks and half days) during the school year in the Whole Meeting Room of the Library. Teen Space is open to students in grades 7th-12th and a school ID is required for admittance. Students can hang out, play various games, including Xbox video games, ping pong, classic board games, and more. Come check it out and have fun!

#### TEEN PROGRAMS

#### SAT Practice Test Sat, 1-5pm Jan 13, Feb 24



College Tutors will be hosting a free SAT practice test. Taking a practice test is a great way to get familiar with the format of the test, identify your strengths and weaknesses, and determine where to focus to achieve the best results.

Students must bring a calculator and two sharpened pencils and are encouraged to bring a water bottle and snack. There will be no writing essay. A 15-minute break will be given halfway through the testing. This test is open to high school students only. Test results will be emailed to participants after the test is taken. Results can take up to 2 weeks to be received.

#### Grades: 9-12

Price: Free Community Event Registration Begins: One Month Prior Location: Whole Meeting Room

#### Teen Advisory Board (TAB) Meeting Fri, 3:30-4:30pm Jan 19, Feb 23

Get involved with the Library by joining our Teen Advisory Board (TAB). All high school students are welcome (you do not need to be a Novi resident to participate). Share ideas for teen programs, discuss teen books, organize community service projects, and more. Meeting attendance will count as volunteer hours if you are registered in the library's Teen Volunteer Program (you do not need to be a registered volunteer to attend TAB). If you are passionate about teen services, the library would love to have you join TAB!

Grades: 9-12 Price: Free Community Event Registration Begins: One Month Prior Location: Youth Activity Room

#### Public Speaking and Communication Skills Workshop for Tweens and Teens Tue, 6:30-8pm Feb 20

Raju Brahmandhabheri is the Founder and Lead Instructor of Speaking Masters LLC. Raju is passionate about public speaking and communication skills and has been teaching youth and teens these skills for the past 4 years. He has received the Distinguished Toastmasters award from Toastmasters International. He has won numerous public speaking competitions at various levels of Toastmasters organization.

Participants will learn the following: speech content organization, voice modulation techniques, getting rid of verbal fillers, body language -- do's and don'ts, active listening skills and how to use visual aids effectively. Parents are encouraged to attend the workshop with their children.

#### Grades: 4-12

Price: Free Community Event Registration Begins: One Month Prior Location: West Meeting Room

NOVI PUBLIC LIBRARY | NOVILIBRARY.ORG | 248.349.0720 35

# Making a Smart Investment in

# HEART HEALTH HEALTH

#### ASCENSION CARDIOLOGIST SHARES HEART DISEASE PREVENTION TIPS

Going into the new year, most resolutions revolve around making smart investments in time, money and appearance. Usually not on the top of that list is heart health, which remains the leading cause of death in the world, accounting for one in three deaths in the United States alone.

"It's important to 'invest' in your health just like you invest time in anything that is important to you - and your health should be high on that list," said Dr. Shukri David, cardiologist and chair of Cardiovascular Services for Ascension Michigan.

There are steps residents can take to protect themselves from heart disease, according to Dr. David:

• Eat a healthy diet. This means focusing on low-salt foods, plenty of fruits and vegetables, whole grains, and healthy fats. Avoid processed foods, sugary drinks, and unhealthy fats such as saturated and trans fats.

INTER 2024

- Be active. Aim for at least 30 minutes of moderate-intensity exercise most days of the week. This could include brisk walking, biking, swimming, or dancing.
- Know your numbers. This includes cholesterol, blood pressure, and blood sugar levels. High levels of LDL cholesterol, blood pressure, and blood sugar can increase the risk of heart disease. Residents can get regular checkups from their doctor to monitor these numbers.
- Manage risk factors. Patients with high blood pressure, high cholesterol, diabetes, or other risk factors for heart disease can work with their doctor to manage them. This may involve taking medications, making lifestyle changes, or both.
- Get a heart scan. A heart scan is a non-invasive imaging test that can detect calcium buildup in arteries. Calcium buildup can be a sign of heart disease. A heart scan can be especially beneficial for people with a strong family history of heart disease or other risk factors for heart disease. Ask your doctor if a heart scan is right for you.

While these tips may seem like a lot to take on in the new year, Dr. David says when making any of these lifestyle changes, it's important to start small, find a support system, and set realistic goals.

"Consistency is key," he said. "You cannot change your genetic background as it relates to your health, but you can modify your health risks."

If you are concerned about your risk of heart disease, you can schedule an appointment with a cardiologist. Ascension helps create personalized plans for patients to reduce their risk of heart disease and improve their overall heart health. For more information, visit Ascension.org/MichiganHeart.

# You only have one heart

### It deserves some of the nation's leading doctors

Even if you are healthy and active, you can help keep your heart healthy by talking to your doctor about your risk for heart disease or if a heart scan is right for you. A heart scan by Ascension Providence care teams can help find heart disease even if you have no symptoms. It's easy to do, and it's one of the most accurate tests for detecting heart disease.

Insurance does not cover the cost of a heart scan. Please note: If you are pregnant you should not have this test, or if you have previously had a heart attack, coronary bypass surgery or a coronary stent. Men under age 40 and women under age 50 should not have this test because detectable calcium is not likely. Get your heart scan for only **\$99** 

ascension.org/DetroitHeart 866-501-3627



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# Enhance Promoting Healthy, Active Lifestyles

#### CITY OF NOVI OLDER ADULT SERVICES OFFICE 45175 TEN MILE ROAD

(between Novi and Taft Roads) Monday-Friday 8am-5pm

Facebook.com/NoviBoomersandBeyond Subscribe to Engage e-newsletter at cityofnovi.org.

Older Adult Services Office:	248
Transportation Services:	248
Daily Lunch Meal Reservations:	248
Meals on Wheels:	810
Weather Hotline:	248

248.347.0414 248.735.5617 248.347.0489 810.632.2155 248.347.0473

# LET US DO THE DRIVING!

Be independent and continue a healthy, active lifestyle. Specialized transportation service to medical appointments, shopping, work and more is provided for residents 55+ or those younger than 55 with a limiting disability. There is no charge for rides within the City of Novi and a \$5 one-way fee outside the City of Novi within a 10-mile range.

Reservations are required 24 hours in advance. Transportation is available 8 a.m. - 7 p.m. Monday-Friday (last pickup is 6:30 p.m. in Novi or 6 p.m. outside of Novi) and 9-3 p.m. Saturday (last pickup is at 2:30 p.m.) Call (248) 735-5617 between 7-4 p.m. Monday-Friday to schedule a ride.

ENGAGE 38 WINTER 2024

Be Independent. Stay Active. Stay Health



#### IMPORTANCE OF MAINTAINING BRAIN HEALTH

Brain health is important for everyone, but it is especially important for older adults. As we age, our brains naturally undergo changes, which can lead to minor cognitive decline, such as forgetfulness or difficulty concentrating. However, there are many steps older adults can take to maintain and improve their brain health, including:

Eating a healthy diet • Exercising regularly Getting enough sleep • Challenging your mind Socializing regularly.

#### **THANK YOU, BRITT-ANN JACKSON!**

The City of Novi's Older Adults Services Team is able to serve the community thanks to volunteers like Britt-Ann Jackson. Britt-Ann has volunteered with OAS for over a decade, assisting with food distribution through Meals on Wheels. Thank you, Britt-Ann! If you enjoy interacting with a great group of older adults, come volunteer with us! Call 248.347.0414 for more information on how you can help.





#### **SING YOUR WAY THROUGH WINTER**

What better way to get through the winter blues than singing popular tunes from the 40's and 50's with other older adults? Not only does singing benefit your physical, mental and emotional health, but it's also fun! Call 248.347.0414 or visit page 41 for more information on this new group.

#### **STAY SOCIAL THIS WINTER**

When the days are shorter, and the weather is colder, it can be easy for older adults to become isolated and withdrawn. However, staying socially active is essential for their physical and mental health. One program to help you stay social this winter is one of our drop-in card programs.! For more information, visit page 42 or call 248.347.0414.



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## NOVI CHAMBER

FRIDAY APRIL 26 6PM

Hors d'Oeuvres, Dinner, Gaming, Silent Auction, Open Bar, Dancing, Reverse Raffle

The Links of Novi

# 

Purchase tickets at novichamber.com or call 248-349-3743.



THE NOVI CHAMBER OF COMMERCE

# 55 & BETTER

#### City of Novi Older Adult Services Office Novi Civic Center - 45175 Ten Mile Road

#### **Contact City of Novi Older Adult Services:**

Older Adult Services Office:	248.347.0414	
Transportation Services:	248.735.5617	
Daily Lunch Meal Reservations:	248.347.0489	
Meals on Wheels:	810.632.2155	
Weather Hotline:	248.347.0473	
Facebook com/NoviBoomersandBevond		

Subscribe to Engage e-newsletter at cityofnovi.org.

#### SOCIAL

#### Michigan Day! Thu, 3:30-4:30pm Jan 18

Today is National Michigan Day and what better way to celebrate than by highlighting all the great things this state has to offer! Join us for Michigan made snacks and drinks, Michigan trivia, games, and raffle prizes. Pre-registration is required.

#### Age 50+

#### Price: Res. \$3/Non-Res. \$4 Location: Novi Civic Center Registration Deadline: Jan 16





#### Ice Cream Social with the Novi Choralaires Wed, 7pm Feb 7

The Novi Choralaires, Novi's community chorus, will host a Valentine Concert/Ice Cream Social. The Choralaires will share a preview of their Spring concert followed by serving ice cream sundaes to those attending. Pre-registration is required.

#### Age: 55+

Price: \$5 Location: Meadowbrook Activity Center Registration Deadline: Feb 6

#### Love and Laughter - Valentine's Day Luncheon Thu, Noon-2pm

#### Feb 15

Embrace the joy of love and laughter at our Valentine's Day Luncheon. Enjoy your lunch while being serenaded by live romantic melodies. Make cherished memories in the company of friends and loved ones. Pre-registration is required.

#### Age 50+

Price: Res. \$15/Non-Res. \$18 Location: Meadowbrook Activity Center Registration Deadline: Feb 8

CITY OF NOVI | PARKS, RECREATION & CULTURAL SERVICES 248.347.0400 | WEATHER HOTLINE: 248.347.0473 | CITYOFNOVI.ORG



#### Shamrock Shuffle Wed, 10am-noon or 5:30-7:30pm Mar 13

Wear green and join us for this two-mile shamrockin' themed hike. Go on a scavenger hunt and find all 17 shamrocks hidden along the trail. After, warm up inside with some hot chocolate. Bring your boots, walk at your own pace, meet new people, and have fun. Register at cityofnovi.org so we can send you event and weather updates. Please note that this path is unpaved.

#### Age: Any

Price: Free

Location: Lakeshore Park Trails and Building Registration Deadline: Mar 12

#### Shamrockin' Shenanigans -St Patrick's Day Luncheon Thu, Noon–2pm Mar 14

Prepare for an afternoon of Irish merriment and magic. Enjoy traditional Irish cuisine while tapping your feet to lively Celtic tunes. It's a day where the spirit of Ireland comes alive!

#### Age: 50+ Price: Res. \$15/Non-Res.\$18 Location: Meadowbrook Activity Center Registration Deadline: Mar 7

#### Ladies Lunch Bunch Wed, 1pm

Grab your friends and visit a different local restaurant each month. This social group is a great way to meet new people and try delicious new foods. Venture out and have some fun! Just show up at the designated location each month and ask for the Ladies Lunch Bunch.

- Jan 10 Ardiana, 10 Shopping Center 41602 W. 10 Mile Road
- Feb 14 Red Lobster, 12 Oaks Mall 27760 Novi Road
- Mar 13 Ka Hing Chinese Restaurant 45017 W Pontiac Trail

#### Age: 50+ Price: Varies

#### Chinese Club Mon, 10am-noon

This program is designed for Chinese older adults interested in enjoyable cross-cultural experiences. Mandarin speaking older adults will learn the English language, reading and writing skills needed for their daily lives. No meeting Jan 1, 15, Feb 19.

#### Age: Adults Price: Free

Location: Meadowbrook Activity Center

#### NEW - Sing-Along! Wed, 2-3pm Jan 17, Feb 21

Join in the fun and sing popular tunes from the 40's and 50's with this new group! Bring your singing voices and we will provide song books, shakers, and refreshments each month.

#### Age: 55+

**Price: Free** 

Location: Meadowbrook Activity Center

#### **CREATIVE OPPORTUNITIES**

#### "All Things Yarn"- Knitting/Crocheting Circle Tue, 1:30-4pm

This group enjoys any form of handwork, knitting, crocheting, embroidery, etc. Meet up every Tuesday and enjoy chatting, laughing and making new friends. Knowledge and basic skills for your craft are recommended, but the group is ready to offer help with projects. Bring your own needles and hooks that work with worsted weight yarns. Yarn and patterns are provided. For information, contact Beverly McCarter at 248.302.1258.

#### Age: 55+ Price: Free. Yarn donations are accepted. Location: Meadowbrook Activity Center

#### **CARDS AND GAMES**

Benefits of getting something social on your calendar include stress relief, improved brain function and better connections with others. No cards and games on Jan 1, 15, Feb 19.

#### MONDAY

PINOCHLE (Single Deck) - Noon-3pm Price: \$1.25 at the door. Novi Civic Center

#### **TUESDAY**

MAHJONG - 10am-noon Current official Mahjong card required. Price: Free. Novi Civic Center

#### WEDNESDAY

**EUCHRE - Noon-3pm** Price: \$1 and \$.10 per euchre at the door. **Novi Civic Center** 

#### **THURSDAY**

SAMBA - Noon-3:30pm Price: Free. Novi Civic Center

#### FRIDAY **RUMMIKUB - Noon-3pm**

Tile game with elements of rummy and mahjong Price: Free. Novi Civic Center

#### DUPLICATE BRIDGE - 12:30-3:30pm

You MUST HAVE A PARTNER for this game. Doors open at 11:45am Price: \$1 at the door. Novi Civic Center

#### BINGO - 1-3pm

Doors open at 12:45pm Price: \$.50 per card at the door. **Meadowbrook Activity Center** 





#### OUT AND ABOUT WITH OAS

Ready to plan a vacation or a day trip? Check out the Novi Group Travel Program! All trips are planned by local travel experts. Stop by the Older Adult Services office or Meadowbrook Activity Center to pick up informational brochures. New travel opportunities are added to our flyer rack regularly. Check out our travel webpage at https://bit.ly/novigrouptravelprogram to see upcoming trips from the comfort of your home. Relax and leave the planning and driving to the experts.

#### **Travel Opportunity Updates**

Call 248.347.0414 and let us know your email address to be added to our travel e-mail blast list and receive updates as new travel opportunities are added to our offerings.

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#### LIFE-LONG LEARNING

NO.VI Senior Book Club Wed, 1:30-2:30pm Jan 17, The Man Who Died Twice by Richard Osman Mar 20, River of the Gods by Candice Millard

Join this book discussion group created just for you! Book clubs are a great way to meet new people, discover new books and authors, and learn from each other's thoughts and experiences. This group will meet every other month, and discussions will be led by Novi Librarian, Emma DeCenso.

#### Age: 55+

**Price: Free** 

Location: Meadowbrook Activity Center, Craft Room

#### Cutting the Cord Thu, 6-7pm Jan 11

"Cutting the Cord" is the term used for those who drop their cable tv service in favor of using the internet to "stream" their favorite shows. Have you wondered how you would go about doing this? Can you save money? What are the advantages and disadvantages? How complicated is it? This one-hour discussion will answer those questions and many more. Pre-registration required at cityofnovi.org or by calling 248.347.0414.

Age: 55+ Price: Free Instructor: Mike Allie Location: Novi Civic Center Registration Ends: Jan 10

#### Powerful Tools for Caregivers™ Fri, 1-3pm Jan 19-Feb 23

This six-week workshop will provide you with tools and strategies to better handle the unique caregiver challenges you face. This workshop is presented in association with the Area Agency on Aging 1-B. Pre-registration required by calling AAA 1-B at 1.800.852.7795.

#### **Price: Free**

Presenter: Area Agency on Aging 1-B staff Location: Novi Civic Center Registration Ends: Jan 17



#### One-on-One Technology Assistance Fri, 4-5pm Jan 26, Feb 16

Teen volunteers will help you troubleshoot technological hurdles you've been struggling with. Device instructions will be limited to iPad, cell phone and laptop. Learn from the experts how to navigate apps, email, camera and more. Presented in association with Technanagy. Pre-registration required at cityofnovi.org or by calling 248.347.0414.

#### Age: 55+

**Price: Free** 

Presenters: Technanagy – A student volunteer organization striving to help all senior citizens find joy in technology. Learn more at technanagy.org.

Location: Meadowbrook Activity Center

#### NEW – Travel Training Tue, 1-2:30pm Feb 6

Learn the fundamental skills needed to use public transportation including fixed routes, curb-to-curb (Connector), community and ADA services with confidence, travel independently and keep active in your community. Presented in association with MyRide2. Pre-registration required at cityofnovi.org or by calling 248.347.0414.

Age: 55+ Price: Free Instructor: Deborah Price-Ryan, Certified Travel Trainer Location: Novi Civic Center Registration Ends: Feb 2

#### **EXERCISE AND FITNESS**

Our certified group fitness instructors are dedicated to helping you reach your goals. From fast moving dance style exercise to gentle, slow movement-based workouts, classes are specifically designed to meet the fitness needs of all ability levels. Unsure which class is best for you? Try any fitness class once for free. Call 248.347.0414 to learn how.

Refer to page 18 for a list of fitness class dates and times.

#### Chair Volleyball Tue, Thu 1:45-3pm

Chair volleyball is great for upper body mobility and joint flexibility. It enhances your muscle tone, reflexes, hand-to-eye coordination, and endurance. The game is played with a beach ball and a five-foot-high net. Rules are similar to regular volleyball except you are sitting down!

Age: 55+ Price: Free Location: Novi Civic Center Registration Ends: Drop-In Program

#### NATURE. NURTURE. NOVI

See page 6 for details regarding Nature. Nurture. Novi programs.



#### Free Blood Pressure Screening Program Wed, 11am-noon Jan 3-Feb 28

Your blood pressure record will be on file so you can track your BP numbers. Pre-registration not required. Blood glucose checks are performed the second Wednesday of each month, upon request. **Age: 55+** 

#### Price: Free

Location: Meadowbrook Activity Center

#### Therapeutic Massage Mon-Thu, 9am-4pm Jan 2-Feb 29

Call to schedule an appointment:

- Mon sessions call Peggy Schwartz, LMT at 734.634.0254.
- Tue-Thu sessions call Lisa Firth, LMT at 248.894.3071.
- No Massage Jan 1,15, Feb 19.

#### Age: Adult

Price: 15 Minute - Res. \$25/Non-Res. \$30 30 Minute - Res. \$40/Non-Res. \$48 60 Minute - Res. \$56/Non-Res. \$67 Location: Meadowbrook Activity Center, 3rd Floor Clinic

#### Assisted Stretching Tue-Wed, 9am-4pm Jan 2-Feb 28

Assisted Stretching improves your ability to complete daily living activities like getting up from a seated position, reaching, bending, and sitting for extended periods. Call Lisa Firth at 248.894.3071 to schedule an appointment.

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No Massage Jan 1,15.

Age: 55+

Price: 30 Minute - Res. \$40/Non-Res. \$48 Location: Meadowbrook Activity Center -3rd Floor Clinic

#### **EXPERT ADVICE**

#### AARP Income Tax Preparation Wed, 10am-3pm

Feb 7, 14, 21, 28, Mar 6, 13, 20, 27, Apr 3, 10 Does tax time have you stressed? Certified AARP Volunteer Tax Preparers are here to help by providing FREE tax assistance in person by appointment. Tax preparers are IRS-certified, AARP-trained volunteers who provide assistance with completing and filing your Federal and State income tax return. Note certain complex returns may be outside our scope and cannot be done by AARP volunteers and you are responsible for the completeness of your return plus retention of all tax records.

Please call 248.347.0414 beginning Jan 4 to schedule your appointment.

#### **Price: Free**

#### **Location: Novi Civic Center**

#### Ask a Medicare/Medicaid Counselor

A certified counselor will answer your questions about Medicare and Medicaid, troubleshoot problems, assist you in understanding your options and help you to enroll. This program is proudly presented in association with the Michigan Medicare/Medicaid Assistance Program (MMAP, Inc.) MMAP is a grant-funded, non-profit organization that is not connected with any insurance company and does not sell insurance products. Call 248.347.0414 to make an appointment for a phone, virtual or in-person consultation. **Age: Adults eligible to enroll or currently** 

#### enrolled in Medicare/Medicaid Price: Free

#### **Estate Planning Consultations**

FREE 30-minute, no obligation consultations will allow you to ask questions about probate, wills, trusts, power of attorney, patient advocate, conservatorship, guardianship and more. Call 248.347.0414 to make an appointment for a phone, virtual or in-person consultation.

Age: 55+ Price: Free

#### Ask the Lawyer Tue, 1-3pm Jan 9, Feb 13, Mar 12 Meadowbrook Activity Center Wed, 5:30-7pm Jan 17, Feb 21, Mar 20 Novi Civic Center

Glick Law Firm is hosting FREE 30-minute sessions to answer your questions about probate avoidance, tax avoidance, wills, power of attorney, asset protection, estate planning and more. Pre-registration required. Call 248.347.0414 to make an appointment for an in-person consultation.

#### Age: 55+

**Price: Free** 

#### **SUPPORT SERVICES**

#### Durable Medical Equipment Loan Closet Mon-Fri, 8am-4:30pm

Items such as mobility aids including canes, walkers, wheelchairs, bathing aids, and commodes are available for older adults in need. Available items change constantly. It is important you call ahead to ensure we have the item(s) you need and to arrange for a contactless pick-up. Equipment donations are accepted based on need. Items must be clean, in very good condition and ready to be loaned. We CANNOT accept any equipment that is damaged, soiled, missing parts or in disrepair. For information, call 248.347.0414. Closet is closed Jan 1,15, Feb 19.

#### Age: 55+

Price: Free - Monetary donations are welcome Location: Novi Civic Center

#### **SUPPORT GROUPS**

#### Hearing Loss D.A.T.A. Group – Support Group Meeting Thu, 1:30-2:30pm

#### Jan 25, Feb 22, Mar 28

Join us for a monthly support group convening for the purposes of Discussion, Awareness, and Technological Assistance for those with hearing loss. The goal of the support group is to enable people with hearing loss to learn coping strategies and know you are not alone.

#### Age: 50+

**Price: Free** 

Facilitator: Patty Soma, Advocate for Deaf and Hearing-Impaired Community Location: Meadowbrook Activity Center

#### Bereavement Support – "An Opportunity to Heal" Tue, 7:30-9pm

#### Jan 16, Feb 20, Mar 19

The grief process is unique to each person. Nonetheless there are certain phases that have been identified in recent years. In the monthly group support meeting, facilitated by Dr. Meyer, those attending have an opportunity to share their experience and learn about the phases of grief. It is quite often a truly healing experience for those who attend. All are welcome. This program is presented in association with O'Brien-Sullivan Funeral Home.

Age: 50+ Price: Free Facilitator: Dr. Michael Meyer, D.D. Location: Novi Civic Center

#### **VOLUNTEER PROGRAM**

Do you want to share your time and talents with the Older Adult community? Many opportunities are available. Apply online at cityofnovi.org or call 248.347.0414 for more information.

#### NUTRITION PROGRAMS

#### Daily Lunch Mon-Fri, 11:30am-12:30pm

Food. Fun. Friends. A great opportunity to socialize with peers, enjoy a nutritious meal and meet new friends. Make or cancel lunch reservations 24 hours in advance, Mon-Fri by calling Western Oakland Meals on Wheels at 248.347.0489 by noon. No lunch Jan 1,15, Feb 19.

Age: 60+ Price: \$3.50 (Dine In) Location: Meadowbrook Activity Center

#### Home Delivered Meals on Wheels Mon-Fri, Noon

You're eligible for Meals on Wheels delivery if you are 60+ and unable to leave your home or prepare meals. Contact Western Oakland Meals on Wheels at 810.632.2155 for more information and a review of criteria. Meals are delivered to ensure contactless interaction. No delivery Jan 1, 15, Feb 19.

Age: 60+ Price: \$3.50 Location: Your Home

#### The Emergency Food Assistance Program – TEFAP Tue, 12:30-3pm

#### Mar 12

The U.S. Department of Agriculture Emergency Food Assistance Program provides a quarterly food allotment for all who are income eligible: One person household \$2,430 or less monthly and two-person household \$3,287 or less monthly. This institution is an equal opportunity provider. For information, call 248.347.0414.

#### **Price: Free**

Location: Novi Civic Center – Drive-Thru Pick-Up

#### Focus: HOPE – Food for Seniors Program Tue, 12:30-3pm

#### Jan 9, Feb 13, Mar 12

Focus Hope Commodity Supplemental Food Program provides a free, monthly food supplement for those who are 60 years of age or older and reside in Oakland, Wayne, Washtenaw, or Macomb counties. Income Eligibility: One-person household \$1,473 or less monthly and two-person household \$1,984 or less monthly. Pre-registration required by calling 248.347.0414.

Age: 60+ Price: Free Location: Novi Civic Center – Drive-Thru Pick-Up

#### **TRANSPORTATION SERVICES**

#### Let Us Do the Driving!

Be independent and continue a healthy, active lifestyle. Community-based curb-to-curb transportation service to medical appointments, shopping, work, and more is provided to residents 55+ or with a limiting disability. There is no charge for rides within the City of Novi and a \$5 one-way fee outside the City of Novi within a 10-mile range. Reservations are required a minimum of 24 hours in advance. Transportation is available 8am-7pm Monday-Friday. Call 248.735.5617 for more information or schedule a ride 7am-4pm, Monday-Friday.

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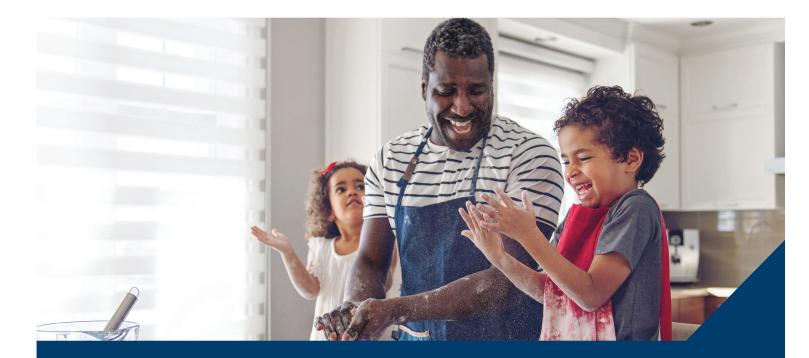
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Thomas E. Smith Jr. CFP®, ChFC®, CLU® Financial Advisor Certified Kingdom Advisor

"To whom much is given, much will be required."

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#### 248.349.4540

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