

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 SEPTEMBER MENU - NOVI HOT**

	PAYMENT DUE WITH ORDER HOT LUNCH \$4.00		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-347-0489 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
	<u>Tuesday 9/1/2026</u>	<u>Wednesday 9/2/2026</u>	<u>Thursday 9/3/2026</u>	<u>Friday 9/4/2026</u>
	Lemon Pepper Chicken Rice Pilaf Broccoli Whole Grain Bread Pineapple 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana	Potato Encrusted Pollock Capri Vegetables Macaroni Salad Tartar Sauce Mixed Fruit 0	Swiss Steak Green Beans Mashed Potatoes Dinner Roll Mandarin Oranges 0
<u>Monday 9/7/2026</u> CLOSED 	<u>Tuesday 9/8/2026</u> Pepperoni Calzone Peas & Carrots Broccoli Apple 0 0	<u>Wednesday 9/9/2026</u> Chicken Caesar Salad Parmesan Cheese Caesar Dressing Romaine Lettuce Pita Bread Banana	<u>Thursday 9/9/2026</u> Baked Ham Scalloped Potatoes Green Beans Dinner Roll Pears 0	<u>Friday 9/11/2026</u> Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Mandarin Oranges 0
<u>Monday 9/14/2026</u> Chicken Stir Fry w/ broccoli, carrots, peppers Rice Whole Grain Bread Apple 0	<u>Tuesday 9/15/2026</u> Beef Stroganoff Mixed Vegetables Tossed Salad Whole Wheat Bread Apple Sauce 0	<u>Wednesday 9/16/2026</u> Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	<u>Thursday 9/17/2026</u> Fish Sandwich Mayo Hamburger Bun Capri Vegetables Macaroni Salad Peaches	<u>Friday 9/18/2026</u> Swedish Meatballs over Rice Green Beans Corn Dinner Roll Mandarin Oranges
<u>Monday 9/21/2026</u> Chicken & Dumplings w/ Peas & Carrots Broccoli Whole Grain Bread Apple 0	<u>Tuesday 9/22/2026</u> Meatloaf w/gravy Mashed Potatoes Green Beans Dinner Roll Pears 0	<u>Wednesday 9/23/2026</u> Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Croissant Banana 0	<u>Thursday 9/24/2026</u> Chicken Pot Pie Biscuit Crust Tossed Salad Mixed Vegetables Pineapple 0	<u>Friday 9/25/2026</u> Stuffed Peppers Au Gratin Potatoes Carrots Whole Wheat Bread Mandarin Oranges 0
<u>Monday 9/28/2026</u> Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	<u>Tuesday 9/29/2026</u> Beef Tacos Cheese & Lettuce Salsa & Sour Cream Refried Beans & Corn Tortillas Mixed Fruit	<u>Wednesday 9/30/2026</u> Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana 0		

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