

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 OCTOBER MENU - NOVI HOT LUNCH**

	PAYMENT DUE WITH ORDER HOT LUNCH \$4.00		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-347-0489 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
			<u>Thursday</u> 10/1/2026	<u>Friday</u> 10/2/2026
			Beef Lasagna Italian Vegetables Tossed Salad Breadstick Apple Sauce	Baked Cod Macaroni & Cheese Brussel Sprouts Whole Wheat Bread Mandarin Oranges
<u>Monday</u> 10/5/2026	<u>Tuesday</u> 10/6/2026	<u>Wednesday</u> 10/7/2026	<u>Thursday</u> 10/8/2026	<u>Friday</u> 10/9/2026
Chicken Leg Roasted Sweet Potatoes Peas & Carrots Dinner Roll Apple 0	Beef Goulash Italian Vegetables Tossed Salad Breadstick Peaches 0	Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana	Sweet & Sour Meatballs White Rice Oriental Vegetables Dinner Roll Mixed Fruit 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges 0
<u>Monday</u> 10/12/2026	<u>Tuesday</u> 10/13/2026	<u>Wednesday</u> 10/14/2026	<u>Thursday</u> 10/15/2026	<u>Friday</u> 10/16/2026
CLOSED 	Macaroni & Cheese Stewed Tomatoes Green Beans Dinner Roll Apple 0	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Croissant Banana 0	Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pineapple 0	Golden Crispy Chicken Au Gratin Potatoes Spinach Whole Grain Bread Mandarin Oranges 0
<u>Monday</u> 10/19/2026	<u>Tuesday</u> 10/20/2026	<u>Wednesday</u> 10/21/2026	<u>Thursday</u> 10/22/2026	<u>Friday</u> 10/23/2026
Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pears 0	Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Dinner Roll Banana 0	Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Peaches 0	Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges 0
<u>Monday</u> 10/26/2026	<u>Tuesday</u> 10/27/2026	<u>Wednesday</u> 10/28/2026	<u>Thursday</u> 10/29/2026	<u>Friday</u> 10/30/2026
Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Chicken Tenders (2) Coleslaw Green Beans Wedge Potatoes Mixed Fruit 0	Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Dinner Roll Banana	Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Apple Sauce 0	Halloweenie Hot Dog Bun Boo Baked Beans Vampire Veggies (Mixed Vegetable) Mandarin Oranges Pumpkin Sugar Cookie
Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964				