## REGULAR MEETING OF THE OLDER ADULT NEEDS COMMITTEE CITY OF NOVI MONDAY, March 13, 2023 AT 5:30 P.M.

MONDA1, Maich 13, 2023 At 5.30 F.

Member Casey called the meeting to order at 5:43 P.M.

**ROLL CALL:** Council Member Casey, Council Member Smith, Council Member

Thomas, Kathy Crawford, Kim Nice

Absent (excused): Jay Dooley, Debbie Wrobel

**ALSO PRESENT:** Jeff Muck, Director of Parks, Recreation & Cultural Services

**APPROVAL OF AGENDA:** 

OAN 23-03-03 Moved by Crawford, seconded by Smith; CARRIED UNANIMOUSLY

To approve the Agenda as presented.

Voice vote on OAN 23-03-03 Yeas: Casey, Smith, Thomas, Crawford, Nice

Nays: None

Absent: Dooley, Wrobel

## PRESENTATION:

Heather DeVos, Communications and Outreach Specialist for Area Agency on Aging 1-B gave a comprehensive overview of the agency and its various services available to Novi residents, as well as others within a six-county area of Southeastern Michigan. Services include home care, respite services, caregiver resources, advocacy programs, health and wellness classes, and many other valuable offerings.

Mr. Muck pointed out that committee member Kathy Crawford had previously served on the AAA 1-B board during her time as County Commissioner.

Committee members presented several questions to Ms. DeVos looking for Novi specific data, such as current Adult Day care options in Novi, statistics about how many Novi residents or caregivers request information from the agency, and a list of the most requested or in demand services and programs. The Agency also has a multi-year plan that was recently completed, and the Committee plans to review it to gather more information and ideas. Ms. DeVos will consult with her colleague Ms. Wendel to provide answers to these questions.

## **AUDIENCE COMMENTS:**

Novi resident Michael Longo stated that Novi needs a senior center. While older adults come to the Civic Center to play cards, there are often distractions that take away from the experience. Seniors need a dedicated place to gather. He mentioned other communities that either have a senior center or an area specific to seniors in their community center and that we should follow their lead.

Committee member Crawford spoke about the recent improvements to the fitness center at Meadowbrook Commons, and said she was glad that there would soon be a

Regular Meeting of the Older Adult Needs Committee Monday, March 13, 2023 Page 2

larger space for the residents to work out. She did voice concerns about the addition of a rowing machine and worries about the safety surrounding this equipment.

**ADJOURNMENT** – There being no further business to come before the Committee, the meeting was adjourned at 6:54 P.M.

Date approved: March 27, 2023

Transcribed by Melissa Morris, Deputy City Clerk