

Recurring Events

March 2025

Fitness & Exercise

★Meadowbrook Activity Center★

Stretch and Strength, 9am, MWF
 Keep On Movin, 10:45am, MW
 Zumba Gold, 6:30pm, M
 Zumba Gold, 9:30am, Sa
 Balance Fit, 10am, T
 Tai Chi Beginner/Intermediate, 5:45pm, T
 Tai Chi Intermediate, 7pm, T
 Zumba, 6:45pm, Th

◇Novi Civic Center◇

Morning Tone & Stretch, 9:15am, MW
 Zumba, 6:45pm, W
 Adult and Older Adult Hula, 9:30am, F
Chair Volleyball, 1:45pm, T, Th

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M
 Therapeutic Massage, 9am-4pm, M-Th
All Things Yarn - Knitting/Crocheting, 1:30pm, T
 Assisted Stretching, 9am-4pm, T-W
Blood Pressure Screening, 11am, W
Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M
Mahjong, 12:30pm, M
Mahjong, 10am, T
Euchre, 12pm, W
Samba, 12pm, Th
Duplicate Bridge, 12:30pm, F

- ★ = Meadowbrook Activity Center
- ◇ = Novi Civic Center
- = Lakeshore Park Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	1 8
9	10 ★ Wisdom Exchange begins	11 ◇ Focus: HOPE, 12:30pm ◇ TEFAP, 12:30pm ★ Ask the Lawyer, 1pm	12 ★ <i>Sing-along, 2pm</i>	13 ◇ Estate Planning Basics, 6pm	14 ★ Blarney Bash - St. Patrick's Day Celebration, 6pm	15
16	17 ● Shamrock Shuffle, 10am & 5:30pm  St. Patrick's Day	18 ◇ Bereavement Support, 7:30pm	19 <i>Ladies Lunch Bunch, Bar Louie, Livonia, 1pm</i> ★ <i>No. Vi Book Club, The Only Woman in the Room, 1:30pm</i> ◇ Ask the Lawyer, 5:30pm ◇ Retirement & Investment Planning Basics 6pm	20	21 ★ One-on-One Technology Assistance, 4pm	22
23	24	25 ● Buzz About Bees, 5:30pm	26	27 Melodies at the Museum, noon ◇ Cutting the Cord, 6pm	28	29

WOMEN'S HISTORY MONTH



Coming up in April...

- ◇ Euchre Tournament, Apr 5
- ◇ Travel Fair, Apr 8
- ◇ Financial Crimes, Scams, & Identity Theft, Apr 16
- Arbor Day Celebration, Apr 26



Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS

BLARNEY BASH

St. Patrick's Day Celebration!

Blarney Bash
Fri, 6-8pm
Mar 14

Join us for traditional Irish cuisine and lively entertainment from the Motor City Irish Dancers and musicians that will have you tapping your toes. Whether you're Irish by heritage or just for the night, this event is the perfect way to enjoy the spirit of St. Patrick's Day. Pre-registration is required.

Age: 21+
Price: Res. \$20/Non-res \$24
Location: Meadowbrook Activity Center
Registration Deadline: Mar 7

Cutting the Cord
Thu, 6pm
Mar 27

"Cutting the Cord" is the term used for those who drop their cable TV service in favor of using the internet to stream their favorite shows. Have you wondered how you would go about doing this? Can you save money? What are the advantages and disadvantages? How complicated is it? This one-hour discussion will answer those questions and many more. Pre-registration required at cityofnovi.org or by calling 248-347-0414

Price: Free
Location: Novi Civic Center
Registration Deadline: Mar 27
Presenter: Mike Allie

Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

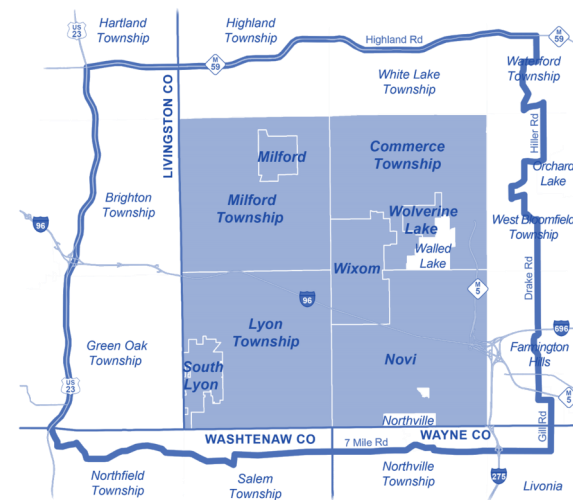
Sandy Fisher
Social Services Coordinator
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Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



People's Express

Need a ride in Novi? People's Express can take you there! Reservations must be made at least three business days in advance. Call **877-214-6073** Monday- Friday 8am-7pm to schedule your ride.



Fares for ages 55+ , veterans , & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of boundary

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

March 2025

City of Novi Older Adult Services Activities Calendar



One-on-one Technology Assistance
Fri, 4pm
Mar 21

Teen volunteers will help you troubleshoot technological hurdles you've been struggling with. Device instructions will be limited to iPad, cell phone and laptop. Learn from the experts how to navigate apps, email, camera and more. Presented in association with Technagy. Pre-registration required at cityofnovi.org or by calling 248.347.0414.
Age: 55+
Price: Free
Location: Meadowbrook Activity Center
Presenter: Technagy—a student volunteer organization

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call **248.347.0414** to register.



Recurring Events

April 2025

Fitness & Exercise

★ Meadowbrook Activity Center ★

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 Tai Chi Intermediate, 7pm, T
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◇ Novi Civic Center ◇

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 Hatha Yoga, 10am, T
 Zumba, 6:45pm, W
 Adult and Older Adult Hula, 9:30am, F
 Chair Volleyball, 1:45pm, T, Th

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★ Meadowbrook Activity Center ★

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Happy Trails—Fuerst Park, 5:30pm	4	5 ◇ Euchre Tournament, 12pm
6	7	8 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm ◇ Travel Fair, 5:30pm	9 <i>Ladies Lunch Bunch, Wixom Station, 1pm</i> ★ <i>Sing-along, 2pm</i>	10 Happy Trails—ITC Community Sports Park, 5:30pm	11	12
13	14 Novi Birders—Robert H Long Park, 9am	15 ◇ Bereavement Support, 7:30pm	16 ◇ Don't Be Fool! Financial Crimes, Scams and Identity Theft - 2025, 1-2:30pm ◇ Ask the Lawyer, 5:30pm	17 ★ One-on-One Technology Assistance, 4pm Happy Trials- Maybury State Park, 5:30pm	18 City Offices Closed	19
20 	21 ● Birding Hike, 9am ★ Songs and Sundaes with Novi Choralaires, 7pm	22	23	24 ● Guided Hike with our Forester and Landscape Architect, 10am Happy Trails-Lakeshore Park, 5:30pm	25	26 ● Arbor Day Celebration, 9am-12pm ● Garlic Mustard Pull, 9am-12pm
27	28 Novi Birders—Heritage Park, Farmington Hills, 9am	29	30			

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FEATURED PROGRAMS

Euchre Tournament

Sat, 12pm

Apr 5

Go it alone or count on your partner! Play eight rounds with winners moving tables. Dinner, snacks and drinks will be provided. Prizes will be awarded for winning individuals. Each Euchre is a quarter in the pot, so remember to bring your quarters!

Age: 50+

Price: Res. \$10/Non-res \$12

Location: Novi Civic Center

Registration Deadline: Apr 1

Don't Be Fool!

Financial Crimes, Scams and Identity Theft

Thu, 1-2:30pm

Apr 16

All around the country, older adults are all too often the targets of unscrupulous scam artists. Novi is no exception. Learn what you can do to protect yourself from the latest phone, text, email and online scams and financial fraud schemes. You'll also learn what actions you can take if you suspect that you have been scammed.

Pre-registration required.

Age: 55+

Price: Free

Location: Novi Civic Center

Registration Ends: Apr 15

Presenter: Det. Jeremy Stempien, Novi Police Department

Earth Day - Arbor Day Week

Apr 21-26

Join us for a week-long celebration of nature, sustainability, and community at Lakeshore Park! Immerse yourself in activities that honor our environment, educate about conservation, and foster a love for the outdoors. All information can be found at cityofnovi.org/arborday.

Madison Lachance
OAS Recreation Supervisor
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Sandy Fisher
Social Services Coordinator
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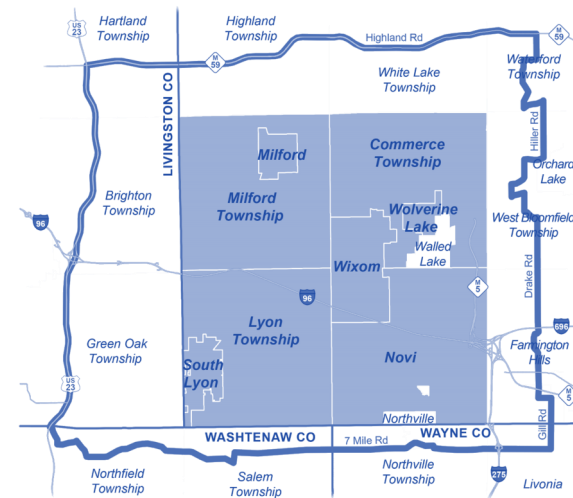
Kit Kieser
Manager, Older Adult Services Division
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April 2025

City of Novi
Older Adult Services
Activities Calendar



Spring Novi Group Travel Fair

Tue, 5:30pm

Apr 8

For the first half hour of the fair, travel agents will showcase their trips and answer questions. Afterward, you will hear interactive presentations about upcoming travels. Participants will be entered into a raffle to receive door prizes. Please pre-register at cityofnovi.org.

Age: 40+

Price: Free

Location: Novi Civic Center

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