

August 2025

Fitness & Exercise

★Meadowbrook Activity Center★

Balance Fit, 9am, Th
Keep On Movin, 10:45am, MW
Stretch and Strength, 9am, MWF
Tai Chi Beginner/Intermediate, 5:45pm, T
Tai Chi Intermediate, 7pm, T
Zumba Gold, 6:30pm, M
Zumba, 6:45pm, Th

◇Novi Civic Center◇

Drums Alive, 10:45am, T
Drums Alive , 11:30am, W
Morning Tone & Stretch, 9:15am, MW
Zumba, 6:45pm, W
Adult and Older Adult Hula, 9:30am, F
Chair Volleyball, 1:45pm, T, Th

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M
Therapeutic Massage, 9am-4pm, M—Th
All Things Yarn - Knitting/Crocheting, 1:30pm, T
Assisted Stretching, 9am-4pm, T—W
Blood Pressure Screening, 11am, W
Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M
Mahjong, 12:30pm, M
Mahjong, 10am, T
Euchre, 12pm, W
Samba, 12pm, Th
Duplicate Bridge, 12:15pm, F

- ★ = Meadowbrook Activity Center
- ◇ = Novi Civic Center
- = Lakeshore Park Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coming up in September... Senior Day at the Zoo, Sep 10 Learn to Play Euchre, starts Sep 16 Ice Cream Social, Sep 19 Perennial Exchange, Sep 20 Powerful Tools for Caregivers, starts Sep 22 Buzz About Bees, Sep 24					1	2
3	4	5	6 ★ Fifties Float Fest!, 1:30pm	7 Happy Trails, 5:30pm, Rotary Park	8	9
10	11	12 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm <i>Stargazing—Meteor Shower Star Party, 9pm, ITC Community Sports Park</i>	13 <i>Ladies Lunch Bunch, 1pm, Tiki Bar (Walled Lake)</i>	14 Happy Trails, 5:30pm, Northwest Park	15	16
17	18	19 ◇ Bereavement Support, 7:30pm	20 ◇ Ask the Lawyer, 5:30pm	21 Happy Trails, 5:30pm, Meadowbrook Commons	22 ★ One-on-One Technology Assistance, 4pm	23
24 <div></div>	25	26	27	28 <i>Senior Day at the State Fair, noon-6pm, Suburban Collection Showplace</i> Happy Trails, 5:30pm, Maybury State Park	29	30
31						

FEATURED PROGRAMS



Fifties Float Fest!
Wed, Aug 6, 1:30pm — \$8/Non-res. \$10
Celebrate National Root Beer Float Day with a twist of nostalgia at our Fifties Float Fest! Join us for an afternoon of sipping classic root beer floats while swaying to live '50s music.
Age: 18+
Location: Meadowbrook Activity Center
Registration Deadline: Aug 4



Stargazing - Meteor Shower Star Party
Tue, Aug 12, 9pm-midnight — Free
Join the Farmington Community Stargazers for a Meteor Shower Star Party! Witness the spectacular Perseids Meteor Shower through their telescopes or bring your own. Don't forget your blankets and curiosity!
Age: all ages
Location: ITC Community Sports Park

Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

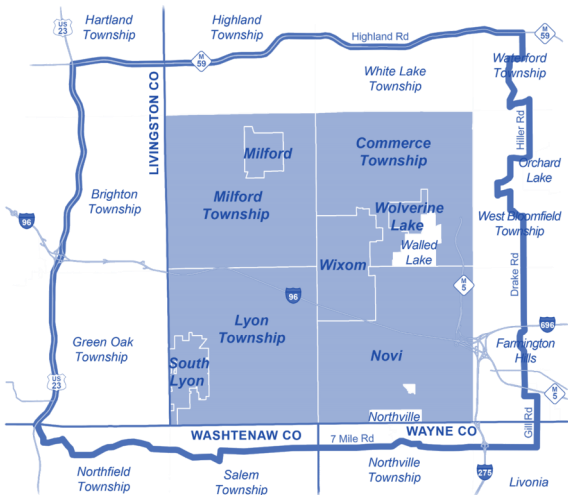
Sandy Fisher
Social Services Coordinator
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Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



People's Express

Need a ride in Novi? People's Express can take you there! Reservations must be made at least three business days in advance.
Call **877-214-6073** Monday- Friday 8am-7pm to schedule your ride.



Fares for ages 55+, veterans, & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of boundary

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

August 2025

City of Novi
Older Adult Services
Activities Calendar



Love to travel? So do we!
Check out our travel program for day trips, extended tours, and more. Flyers with current opportunities are available now at Meadowbrook Activity Center and the Novi Civic Center.

Want a sneak peek at what's ahead? Join us at Meadowbrook Activity Center for our Fall Travel Fair on October 7!

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration
Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call **248.347.0414** for questions.



Recurring Events

September 2025

Fitness & Exercise

★Meadowbrook Activity Center★

Balance Fit, 9am, Th
Keep On Movin, 10:45am, MW
Stretch and Strength, 9am, MWF
Tai Chi Beginner/Intermediate, 5:45pm, T
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Games, Hobbies & Health

★Meadowbrook Activity Center★

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All Things Yarn - Knitting/Crocheting, 1:30pm, T
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <div></div> City offices closed	2	3	4 <i>Happy Trails, 5:30pm, Lakeshore Park</i>	5	6
7	8 <i>Novi Birders, 10am, Humbug Marsh-Fall Migration</i>	9 ◇ Focus: HOPE, 12:30pm ◇ TEFAP, 12:30pm ★ Ask the Lawyer, 1pm	10 Senior Day at the Detroit Zoo, 9am <i>Ladies Lunch Bunch, 1pm, Bahama Breeze, Livonia</i>	11 <i>Happy Trails, 5:30pm, ITC Community Sports Park</i>	12	13
14	15	16 ◇ Learn to Play Euchre (first session), 9:30am ◇ Bereavement Support, 7:30pm	17 ★ <i>No. VI Book Club, Middlesex by Jeffrey Eugenides, 1:30pm</i> ◇ Ask the Lawyer, 5:30pm	18 <i>Happy Trails, 5:30pm, Heritage Park</i>	19 ★ Ice Cream Social, 3:30pm ★ One-on-One Technology Assistance, 4pm	20 Perennial Exchange, 9am, Fuerst Park
21	22 <i>Novi Birders, 9am, Heritage Park</i> ◇ Powerful Tools for Caregivers (first session), 2pm	23 ◇ Learn to Play Euchre, 9:30am	24 ◇ Matter of Balance (first session), 2pm <i>Buzz About Bees, 5pm, Bosco Park</i>	25 ◇ Understanding Nutrition & Cancer Prevention, 1pm <i>Happy Trails, 5:30pm, Fuerst Park</i> ◇ Estate Planning Basics, 6pm	26	27
28	29 ◇ Bingocize ®(first session), 11am	30 ◇ Learn to Play Euchre, 9:30am	Coming up in October... Euchre Tournament, Oct 3 Travel Fair, Oct 7 Houseplant Care 101, Oct 7 Vaccination clinic, Oct 15 Activ8 Your Brain, Oct 20 Pumpkin Painting with a Twist, Oct 29 Melodies at the Museum, Oct 23			



Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS



Ice Cream Social
Fri, Sep 19, 3:30pm \$5/Non-res \$6
Create your own ice cream sundae and join us for an afternoon of socializing, music, and board games!
Age: 18+
Location: Meadowbrook Activity Center
Registration Deadline: Sep 16



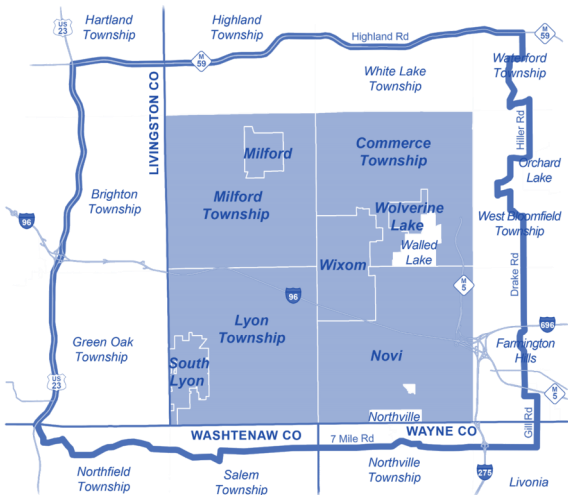
Perennial Exchange
Sat, Sep 20, 9-11am — Free
Revitalize your garden at our perennial exchange! Bring overgrown plants, grasses, and wildflowers to swap with fellow gardeners. Go home with new, exciting additions for your landscape. Oakland County will be onsite with native plant giveaways. Bonus — Resident beekeeper, Captain Theisen will do a brief presentation on bees and beekeeping. Please re-register to receive updates and essential event information.
Age: 18+
Location: Fuerst Park

Madison Lachance Sandy Fisher
OAS Recreation Supervisor Social Services Coordinator
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Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



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September 2025

City of Novi
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Activities Calendar



Bingocize®
Mon/Wed, 11am, Sep 29-Dec 10 — Free
Exercise for your body, mind, and spirit! Come play bingo and meet new people while learning about techniques to reduce falls and increase cognition. This ten-week program is a great way to get you moving and socializing. Pre-registration is required by calling AgeWays at 833-262-2200, emailing wellnessprograms@AgeWays.org, or registering online at tinyurl.com/AgeWaysWorkshops.
Location: Novi Civic Center
Registration Deadline: Sep 25

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