

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 JANUARY MENU-NOV HOT**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PAYMENT DUE WITH ORDER HOT LUNCH \$4.00		PLEASE CALL 24 HOURS IN ADVANCED TO CANCEL MEALS 248-347-0489 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
			1 CLOSED 	2 Swiss Steak Green Beans Mashed Potatoes Whole Grain Bread Mandarin Oranges
5 Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple	6 Beef Tacos Cheese & Lettuce Salsa & Sour Cream Refried Beans & Corn Tortillas Pineapple	7 Chicken & Dumplings w/ Peas & Carrots Broccoli Dinner Roll Banana	8 Beef Lasagna Italian Vegetables Tossed Salad Breadstick Pears	9 Baked Cod Macaroni & Cheese Mixed Vegetables Whole Wheat Bread Mandarin Oranges
12 Baked Ham Scalloped Potatoes Green Beans Dinner Roll Apple	13 Beef Stroganoff Italian Vegetables Tossed Salad Breadstick Peaches	14 Chicken & Broccoli Casserole Coleslaw Mixed Vegetables Biscuit Banana	15 Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Apple Sauce	16 Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges
19 CLOSED  WE WILL BE CLOSED	20 Macaroni & Cheese Stewed Tomatoes Green Beans Dinner Roll Apple	21 Chicken Pot Pie Biscuit Crust Tossed Salad Mixed Vegetables Banana	22 Sloppy Joe Hamburger Bun Three Bean Salad Carrots Pineapple	23 Golden Crispy Chicken Roasted Sweet Potatoes Peas Whole Grain Bread Mandarin Oranges
26 Country Fried Steak Mashed Potatoes Carrots Whole Grain Bread Apple	27 Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches	28 Meatloaf w/ gravy New Potatoes Peas & Carrots Dinner Roll Banana	29 Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit	30 Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges