

# Livingston County & Western Oakland Meals on Wheels - March 2020 Menu

| <u>Monday</u><br><u>3/2/2020</u>  | <u>Tuesday</u><br><u>3/3/2020</u>   | <u>Wednesday</u><br><u>3/4/2020</u>   | <u>Thursday</u><br><u>3/5/2020</u>  | <u>Friday</u><br><u>3/6/2020</u>  |
|---|---|---|---|---|
| Swedish Meatballs Over Rice<br>Corn<br>Cole Slaw<br>Pears<br>Whole Grain Bread<br>0       | Pulled BBQ Chicken Sandwich<br>Wedge Potatoes<br>Brussel Sprouts<br>Apple<br>Hamburger Bun<br>0 | Beef Goulash<br>Blended Vegetables<br>Apple Sauce<br>Dinner Roll<br>Dessert<br>0                              | Stuffed Peppers<br>Mashed Potatoes<br>Green Beans<br>Whole Wheat Bread<br>Peaches<br>Dessert      | Vegetables Lasagna<br>Tossed Salad<br>Italian Vegetables<br>Peaches<br>Whole Grain Bread<br>0 |
| <u>Monday</u><br><u>3/9/2020</u>  | <u>Tuesday</u><br><u>3/10/2020</u>  | <u>Wednesday</u><br><u>3/11/2020</u>  | <u>Thursday</u><br><u>3/12/2020</u>   | <u>Friday</u><br><u>3/13/2020</u>   |
| Grilled Chicken Sandwich<br>Cole Slaw<br>Hamburger Bun<br>Apple<br>Wedge Potatoes<br>0    | Baked Ziti w/cheese<br>Italian Vegetables<br>Tossed Salad<br>Garlic Bread<br>Peaches<br>0       | Sloppy Joe<br>Hamburger Bun<br>Corn<br>Tropical Fruit<br>Macaroni Salad<br>Dessert                            | Baked Ham<br>Mashed Sweet Potatoes<br>Green Beans<br>Pineapple<br>Dinner Roll<br>Dessert          | Tuna Sandwich<br>3 Bean Salad<br>Carrot Sticks<br>Banana<br>Croissant<br>0                    |
| <u>Monday</u><br><u>3/16/2020</u>   | <u>Tuesday</u><br><u>3/17/2020</u>  | <u>Wednesday</u><br><u>3/18/2020</u>  | <u>Thursday</u><br><u>3/19/2020</u>   | <u>Friday</u><br><u>3/20/2020</u>   |
| Grilled Turkey Burger<br>Hamburger Bun<br>Baked Beans<br>Cucumber Salad<br>Peaches<br>0   | Corned Beef<br>Cabbage & Carrots<br>New Potatoes<br>Apple Sauce<br>Rye Bread<br>St Pats Cookie  | Stuffed Steak<br>Mashed Potatoes<br>Green Beans<br>Banana<br>Dinner Roll<br>0                                 | Chicken Fettucini Alfredo<br>Caesar Salad<br>Broccoli<br>Peaches<br>Garlic Bread<br>Dessert       | Macaroni & Cheese<br>Stewed Tomatoes<br>Green Beans<br>Fruit Cocktail<br>Bread Stick<br>0     |
| <u>Monday</u><br><u>3/23/2020</u>   | <u>Tuesday</u><br><u>3/24/2020</u>  | <u>Wednesday</u><br><u>3/25/2020</u>  | <u>Thursday</u><br><u>3/26/2020</u>   | <u>Friday</u><br><u>3/27/2020</u>   |
| Chicken and Dumplings<br>Tossed Salad<br>Peas & Carrots<br>Pears<br>Dinner Roll<br>0      | Beef Chili<br>Corn<br>Fruit Cocktail<br>Wedge Potatoes<br>Corn Bread<br>0                       | Smoked Turkey Sausage<br>Brussel Sprouts<br>Cucumber & Tomato Salad<br>Red Skin Potatoes<br>Banana<br>Dessert | Beef Lasagna<br>Italian Mixed Veggies<br>Tossed Salad<br>Apple<br>Bread Stick<br>Dessert          | Salmon Burger<br>Whole Grain Rice<br>Asian Vegetables<br>Fruit Cocktail<br>Hamburger Bun<br>0 |
| <u>Monday</u><br><u>3/30/2020</u>   | <u>Tuesday</u><br><u>3/31/2020</u>  | <u>Wednesday</u><br><u>4/1/2020</u>   | <u>Thursday</u><br><u>4/2/2020</u>  | <u>Friday</u><br><u>4/3/2020</u>  |
| Beef Hot Dog<br>Baked Beans<br>Hot Dog Bun<br>Cole Slaw<br>Lays Potato Chips<br>Apple Pie | Cheese Baked Beef Mostacioli<br>Broccoli<br>Apple<br>Garlic Bread<br>Tossed Salad<br>0          | Hamburger w/cheese<br>Hamburger Bun<br>Potato Salad<br>Carrots<br>Banana<br>Dessert                           | Golden Crispy Chicken<br>Mashed Sweet Potatoes<br>Spinach<br>Mandarin Oranges<br>Dinner Roll<br>0 | Baked Cod<br>Cole Slaw<br>Harvest Rice<br>Orange<br>Dinner Roll<br>Tartar Sauce               |

**PLEASE CALL 24 HOURS IN  
ADVANCE TO CANCEL MEALS  
810-632-2155**

**MENU SUBJECT TO CHANGE  
WITHOUT NOTICE  
HALF PINT OF MILK  
SERVED WITH EVERY MEAL**

**COST SHARE \$3.00**