

# March 2024

## Fitness & Exercise

★ Meadowbrook Activity Center ★

Stretch and Strength, 9am, M W F

Chair Yoga, 10am, T

Keep On Movin, 10:45am, M W

Zumba Gold, 6:30pm, M

Zumba Gold, 9:30am, Sa

Tai Chi Beginner/Intermediate, 5:45pm, T

Tai Chi Intermediate, 7pm, T

◇ Novi Civic Center ◇

Morning Tone & Stretch, 9:15am, M W

Adult and Older Adult Hula, 9:30am, F

Drums Alive, 10:45am, T / 11:30am, W

*Chair Volleyball, 1:45pm, T, Th*

Zumba, 6:45pm, W

Offsite/Virtual

Morning Tone & Stretch, 9:15am, M W F, Virtual

Zumba, 6:30pm, Th, Virtual

## Games, Hobbies & Health

★ Meadowbrook Activity Center ★

*Chinese Club, 10am, M*

Therapeutic Massage, 9am-4pm, M-Th

*All Things Yarn - Knitting/Crocheting, 1:30pm, T*

Assisted Stretching, 9am-4pm, T-W

*Blood Pressure Screening, 11am, W*

*Bingo, 1pm, F*

◇ Novi Civic Center ◇

*Pinochle, 12pm, M*

*Rummikub, 12pm, M*

*Mahjong, 10am, T*

*Euchre, 12pm, W*

*Samba, 12pm, Th*

*Duplicate Bridge, 12:30pm, F*

★ = Meadowbrook Activity Center

◇ = Novi Civic Center

### What's happening in April?

□ Happy Trails begins, Fuerst Park, Apr 4, 5:30pm

◇ Disney Descendants-Special Senior Showcase, Apr 6, 11:30am

◇ Financial Crimes, Scams and Identity Theft, Apr 16, 10am

◇ Mackinac Island Travel Meeting, Apr 17, 5:30pm

And much more....

3

4

5

◇ Premier World Discovery  
Travel Info session, 1pm

6

◇ AARP Tax Prep appts

7

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Daylight Saving  
Time begins

11

12

◇ Focus: HOPE, 12:30pm

◇ TEFAP, 12:30pm

★ Ask the Lawyer, 1pm

13

◇ AARP Tax Prep appts

*Ladies Lunch Bunch, Ka Hing  
Chinese Restaurant, 1pm*

□ Shamrock Shuffle, 10am or  
5:30pm, Lakeshore Park

14

★ St. Patrick's Day  
Luncheon, noon



15

16

17



St. Patrick's Day

18

19

◇ Bereavement  
Support Group, 7:30pm

◇ Estate Planning Basics,  
6pm

First day of Spring



20

◇ AARP Tax Prep appts

◇ Matter of Balance, 10am

★ NO.VI Book Club, 1:30pm,  
*River of the Gods by Candice  
Millard*

◇ Ask the Lawyer, 5:30pm

21

★ Visit the DIA, noon

★ One-on-one  
Technology Assistance,  
4pm

22

23

24

31



Easter Sunday

25

26

27

◇ AARP Tax Prep appts

◇ Managing & Creating Natural  
Habitat, 5pm

28

★ Hearing Loss DATA  
Support Group, 1:30pm

29

Good Friday

City offices closed

30

FEATURED PROGRAMS

Estate Planning Basics

Tue, 6-7pm

Mar 19

Learn the benefits of proper estate planning and the downside of do-it-yourself techniques. A variety of legal documents will be explained. Discussions will be centered on how to achieve estate planning goals like ensuring assets are distributed where and when desired. Minimizing or avoiding taxes, avoiding probate court, maintaining privacy, financial affairs, medical decisions, and more. Pre-registration is required.

Age: 55+

Price: Free

Location: Novi Civic Center

Presenter: Eric Glick, Glick Law

Registration Ends: March 18

Managing & Creating Natural Habitat in your Yard

Wed, 5pm

Mar 27

Join the City of Novi's Landscape Architect, Rick Meader to learn how to make your yard more appealing to nature and add beauty for you as well. Save energy and add interest to your landscape by planting native plants, adding water features, removing invasive species and/or create natural bird feeding ground. Rick will share the easy steps to invite wildlife into your life. Pre-registration is required.

Price: Free

Location: Novi Civic Center

Registration Ends: Mar 25

Daily Lunch

Mon-Fri, 11:45am-12:30pm

A great opportunity to socialize with peers, enjoy a nutritious meal and meet new friends. Make or cancel lunch reservations 24 hours in advance Mon-Fri by calling Western Oakland Meals on Wheels at 248.347.0489 by noon. No lunch Mar 29, May 27.

Age: 60+

Price: \$3.50 (Dine In Only)

Location: Meadowbrook Activity Center

OLDER ADULT SERVICES  
TRANSPORTATION PROGRAM

Complimentary transportation is available for those 55+ within Novi borders.

CALL OR EMAIL TO SCHEDULE  
248.735.5617

noviseniortransportation@cityofnovi.org

Fares

- Free within Novi
- \$5 one-way outside the city limits (within a 10-mile range beginning at the Novi Civic Center)

Service Hours

- Mon-Fri, 8am-5pm
- Sat, 9am-3pm

Reservations

Reservations are required at least one business day in advance and are scheduled based on availability.



Madison Lachance  
OAS Recreation Supervisor  
mlachance@cityofnovi.org

Sandy Fisher  
Social Services Coordinator  
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Kit Kieser  
Manager, Older Adult Services Division  
kkieser@cityofnovi.org

March  
2024

City of Novi  
Older Adult Services  
Activities Calendar



Shamrockin' Shenanigans - St. Patrick's Day Luncheon

Thu, noon-2pm

Mar 14

Prepare for an afternoon of Irish merriment and magic. Enjoy traditional Irish cuisine while tapping your feet to lively Celtic tunes. It's a day where the spirit of Ireland comes alive! Pre-registration is required.

Age: 50+

Price: Res. \$15/Non-Res. \$18

Location: Meadowbrook Activity Center

Registration Ends: Mar 7

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
Transportation	248.735.5617

City of Novi Civic Center  
45175 Ten Mile Rd

Meadowbrook Activity Center  
25075 Meadowbrook Rd

Lakeshore Park  
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit [cityofnovi.org/oas](https://cityofnovi.org/oas) or call 248.347.0414 to register.





# Recurring Events

# April 2024

## Fitness & Exercise

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b>  April Fool's Day	<b>2</b> ◇ Learn to Play Euchre, 10am	<b>3</b> ◇ AARP Tax Prep appts	<b>4</b> <i>Happy Trails, 5:30pm, Fuerst Park</i>	<b>5</b>	<b>6</b> ◇ Disney Descendants Showcase for Older Adults, 11:30am
<b>7</b> 	<b>8</b>	<b>9</b> ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm	<b>10</b> ◇ AARP Tax Prep appts ◇ AARP Smart Driver Program (1), 12:30pm <i>Ladies Lunch Bunch, Buddy's Pizza at Fountain Walk, 1pm</i>	<b>11</b> ◇ AARP Smart Driver Program (2), 12:30pm <i>Happy Trails, 5:30pm, ITC Community Sports Park</i>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> 	<b>16</b> ◇ Financial Crimes, Scams, and Identity Theft 2024, 10am ★ Poetry Sessions, 10:30am ◇ Bereavement Support Group, 7:30pm	<b>17</b> ★ <i>Sing-along</i> , 2pm ◇ Mackinac Island Travel Meeting—info session, 5:30pm ◇ Ask the Lawyer, 5:30pm	<b>18</b> ◇ Smart Driver TEK, 10am <i>Happy Trails, 5:30pm, Meadowbrook Activity Center</i>	<b>19</b> ★ One-on-one Technology Assistance, 4pm	<b>20</b>
<b>21</b>	<b>22</b>  Earth Day	<b>23</b>	<b>24</b> Tree Expedition, 2pm, Lakeshore Park 	<b>25</b> ★ <i>Hearing Loss DATA Support Group, 1:30pm</i> <i>Happy Trails, 5:30pm, Lakeshore Park</i>	<b>26</b>  Arbor Day	<b>27</b> <i>Arbor Day Celebration, 10am, Lakeshore Park</i> ◇ Euchre Tournament, 2pm
<b>28</b>	<b>29</b>	<b>30</b>  National Mahjong Day	<b>What's happening in May?</b> ◇ Travel Fair, May 1, 5:30pm □ Fuerst Field of Honor, May 22, 5:30pm □ Memorial Day Parade, May 27, 10am And much more...			

Arab American Heritage Month

April 1 - April 30

Programs require pre-registration except for those italicized. Call248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS

Financial Crimes, Scams, and Identity Theft—2024  
Tue, 10-11:30am  
Apr 16  
All around the country, older adults are all too often the targets of unscrupulous scam artists. Novi is no exception. Learn what you can do to protect yourself from the latest phone, text, email and online scams as well as actions you can take if you suspect that you have been scammed. Pre-registration required at cityofnovi.org or by calling 248.347.0414.  
Price: Free  
Location: Novi Civic Center  
Registration Deadline: Apr 15

Hearing Loss D.A.T.A. Group—Support Group Meeting  
Thu, 1:30-2:30pm  
Apr 25  
Join us for a monthly support group convening for the purposes of Discussion, Awareness, and Technological Assistance for those with hearing loss. The goal of the support group is to enable people with hearing loss to learn coping strategies and know you are not alone. Clear Captions with guest speaker Title IV ADA Specialist, Mary Novitsky. She will be discussing how you can receive a FREE caption phone if you struggle with hearing on the phone.  
Price: Free  
Location: Meadowbrook Activity Center, Conference room

Euchre Tournament  
Sat, 2-7pm  
Apr 27  
Go it alone or count on your partner! Play eight rounds with winners moving tables. Dinner, snacks, and drinks will be provided. Prizes will be awarded for winning individuals. Each Euchre is a quarter in the pot, so remember to bring your quarters!  
Age: 55+  
Price: Res. \$10/Non-res. \$12  
Location: Novi Civic Center  
Registration Deadline: Apr 24

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TRANSPORTATION PROGRAM

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Manager, Older Adult Services Division  
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April  
2024  
City of Novi  
Older Adult Services  
Activities Calendar

Do You Have  
A MINUTE?  
Help Make Novi Better!



Scan to get started!

The City of Novi is working with FlashVote to conduct quick surveys and gather valuable input from residents to inform our decisions. Sign-up takes less than one minute, and your input is always kept anonymous. Personal or demographic information collected by FlashVote is never shared with the City or anyone else.



IMPORTANT INFORMATION

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