



Novi Memorial Day Parade

Show your community pride and spirit - join Novi's Memorial Day Parade held on Monday, May 28 at 10am.

Veterans - help us honor your sacrifice and service. March in the parade or ride on a float provided by Novi Parks and participate in the Memorial Ceremony in front of the Novi Civic Center immediately following the parade.

Family and friends of military service members can honor them by marking in the parade as a group with our "Novi Supports Our Troops" banner.

Individuals, civic groups and businesses can participate by entering as a marching group, creating a float with a patriotic theme, joining our Kids Bike parade, entering a specialty vehicle and much more.

Registration is required to participate. Forms are available at the Novi Civic Center, Novi Senior Center, Novi Public Library and online at cityofnovi.org.

For more information, contact Rachel Zagaroli at 248.347.0414.



2011 Memorial Day Parade

Get out and about in Novi!

Transportation

Novi residents age 55 and older or physically challenged non-seniors are eligible for this program. Advance notice of 2 days is required for transports during regular business hours (Mon-Fri 8am-4pm and Sat 9am-2pm). To schedule your appointment, call 248.735.5617 between 8am-4:30pm Mon-Fri.


Price: \$4 one-way within City of Novi boundaries
\$6 one-way outside City of Novi boundaries
\$1 per one-way ride to the Novi Civic Center, Novi Senior Center, Novi Public Library or to a Novi Senior Center special event/program within the City of Novi boundaries.



cityofnovi.org

For more information contact:
Rachel Zagaroli
Senior Services Manager
248.347.0414
rzagaroli@cityofnovi.org

Novi Senior Center
25075 Meadowbrook Rd
Novi, Michigan 48375

 Find us on Facebook-search Novi Parks

Parks, Recreation & Cultural Services

May 2012 Senior Activities Calendar

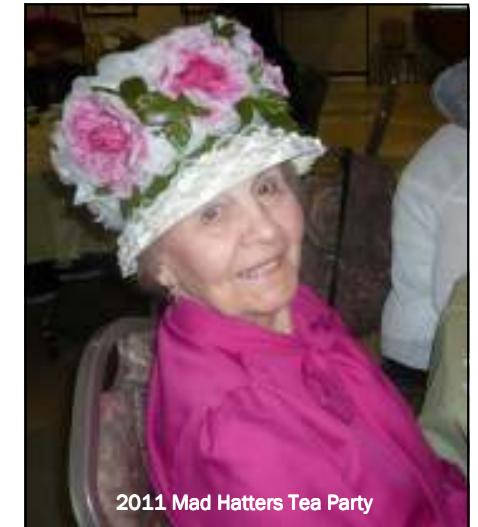


Stay active...join our Keep on Movin' class



cityofnovi.org

Novi Senior Center
248.347.0414



2011 Mad Hatters Tea Party

Don't Miss...

- Medicare, Informal Discussion - Fri, May 4, 11am (RSVP)
- Derby Day Event - Super Saturday Event Sat, May 5, 4-6pm (adv ticket required)
- Mad Hatters Tea Party - Thu, May 17 2-4pm (adv ticket required)
- Health Discussion "Got Aches and Pains?" Thu, May 24, 1-3pm (RSVP)
- Memorial Day Parade - Mon, May 28, 10am
- "Cruising The Mediterranean with Jo" Lunch and Learn Event - Thu, May 31 12:30-2:30pm (adv ticket required)

Important Numbers

Novi Senior Center: 248.347.0414
Daily Lunch Reservations: 248.347.0489
Meals on Wheels: 1.888.886.8971
Information Hotline: 248.347.0473
press 4
Transportation: 248.735.5617
(To schedule a ride, please call 2 days in advance)

May 2012

Weekly Activities

LUNCH

Mon - Fri - 12pm

MASSAGE

Mon, Tue, Wed
9am-4pm by appt. Call Pam at 248.909.8806

COMPUTER ROOM

Mon - Fri - 8am-5pm

GOLF LEAGUES BEGIN

Mon, May 7, 8:45am
Wed, May 9, 9:30am
Thu, May 10, 8:45am

PICKLEBALL OR VOLLEYBALL

Northville Senior Center. Call 248.349.4140 for more information.

Watch Common Knowledge on SWOCC Channel 13 for topics pertaining to seniors. Check local listing for times.

Calendar Key

Bold black print denotes a program offered at no charge.

All programs held at the Novi Senior Center unless in blue or green

Blue print denotes a program held at the Novi Civic Center.

Green print denotes a program held at an off-site location.

Red print denotes Daily Lunch Program.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>This month's Sponsor: BrightStar and Angel Arms Care Pick up their information in the lobby of the Novi Senior Center.</p>	<p>1 8:15am Panera Bread 9-11am Intermediate Line Dance 10am Chinese Club 10am Softball Orientation Meeting 1-3pm Bingo 1-3pm Our Internet Café - Computer Class</p> <p>Sloppy Joe on Bun, kernel corn, vegetable salad, fruit, dessert</p>	<p>2 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Movin' (Make-up class) 11am Blood Pressure 1pm Classic Movie Matinee - "The Man Who Knew Too Much" (\$1 at door) 3:15-3:45pm Balance Training Class</p> <p>Baked Ham, scalloped potatoes, snap beans, whole wheat bread, fruit, dessert</p>	<p>3 9-11am Intermediate Line Dance 12:15pm Contract Bridge 1pm Meet and Greet with Dr. "Guy", Foot Specialist (RSVP)</p> <p>Salad Bar or Baked Macaroni & Cheese, stewed tomatoes, mixed vegetables, honey wheat bread, fruit, dessert</p>	<p>4 9-10am Stretch & Strength 11am Medicare, Informal Discussion (RSVP) 12:30pm Dupl. Bridge 1-3pm Bingo</p> <p>Chicken Taco Salad, chopped mixed lettuce, cheddar cheese, tomato, black beans & salsa over tortilla chips, fruit, dessert</p>
<p>7 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Movin' 12:30pm Pinochle 1-3pm "Buying & Selling on EBay" Class 6:45-7:45pm Zumba Gold</p> <p>Turkey Divan w/gravy, mashed potatoes, broccoli spears, white roll, fruit, dessert</p>	<p>8 8:15am Panera Bread 9-11am Intermediate Line Dance 10am Chinese Club 12:30-3pm Focus Hope Distribution 1-3pm Bingo 1-3pm "Ask The Lawyer" (by appointment) 1-3pm Our Internet Café - Computer Class</p> <p>Crispy Chicken Thigh, lima beans, cole slaw, corn bread, fruit, dessert</p>	<p>9 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10am-2:30pm Quilting 10:30-11:30am Keep On Movin' 11am Blood Pressure 12:30-2:30pm Computer Fundamentals Class 1:15-2:45pm Sing-A-Long with George & Caroline 3:15-3:45pm Balance Training Class</p> <p>Fish Sandwich w/bun, potato wedges, diced carrots, fruit, dessert</p>	<p>10 9-11am Intermediate Line Dance 12:15pm Contract Bridge 1-2:30pm Computer Keyboarding Class</p> <p>Salad Bar or Chef Salad, chopped mixed greens, cheddar cheese, tomatoes, cucumber, black olives, hard boiled egg, roll, fruit, dessert</p>	<p>11 9-10am Stretch & Strength 12:30pm Dupl. Bridge 1-3pm Bingo</p> <p>Stuffed Steak w/gravy, mashed potatoes, green beans, pan roll, fruit, dessert</p>
<p>14 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Movin' 12:30pm Pinochle 2-4pm Estate Planning (by appointment) 6:45-7:45pm Zumba Gold</p> <p>Polish Sausage w/Sauerkraut on Bun, red skin potatoes, steamed carrots, fruit, dessert</p>	<p>15 8:15am Panera Bread 9-11am Intermediate Line Dance 10am Chinese Club 10am Softball League Begins 10:30-11:30am Bookmobile 1-3pm Bingo 1-3pm Our Internet Café - Computer Class 7:30-9pm Bereavement Support Group</p> <p>Sliced Ham & Turkey over mixed greens w/swiss cheese, tomatoes, cucumber, black olives, whole wheat roll, fruit, dessert</p>	<p>16 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Movin' 11am Blood Pressure 12:30-2:30pm Computer Fundamentals Class 3:15-3:45pm Balance Training Class</p> <p>Stuffed Peppers, mashed potatoes, green peas, honey wheat bread, fruit, dessert</p>	<p>17 8:30am-12pm Foot Specialist (by appointment) 9-11am Intermediate Line Dance 9am-3:15pm Hearing Exams (by appointment) 12:15pm Contract Bridge 1-2:30pm Computer Keyboarding Class 2-4pm Mad Hatters Tea Party (advanced ticket required) 6:30-7:30pm Tai Chi</p> <p>Salad Bar or Country Fried Beef Steak w/gravy, succotash, tossed salad, whole grain roll, fruit, dessert</p>	<p>18 9-10am Stretch & Strength 10:30-11:30am Tai Chi 12:30pm Dupl. Bridge 1-3pm Bingo</p> <p>White Chicken Chili w/biscuit, kernel corn, broccoli spears, fruit, dessert</p>
<p>21 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Moving' 12:30pm Pinochle 1pm Monday Movie Matinee "The Descendants" (\$1 at door)</p> <p>Baked Pork Chops w/gravy, sweet potatoes, steamed spinach, corn bread, fruit, dessert</p>	<p>22 8:15am Panera Bread 9-11am Intermediate Line Dance 9-11:30am Hearing Aid Cleaning (no apt) 10am Softball League 10am Bocce Ball League Begins 10am Chinese Club 1-3pm Bingo</p> <p>Chicken Strip Salad, mixed greens, cheddar cheese, tomato, cucumber, black olives, whole grain roll, fruit, dessert</p>	<p>23 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10am-1pm Quilting 10:30-11:30am Keep On Movin' 11am Blood Pressure 12:30pm Pen Pal Meet and Greet 12:30-2:30pm Computer Fundamentals Class 3:15-3:45pm Balance Training Class</p> <p>Potato Encrusted Fish, vegetable rice, cucumber salad, country biscuit, fruit, dessert</p>	<p>24 9-11am Intermediate Line Dance 12:15pm Contract Bridge 1-2:30pm Computer Keyboarding Class 1-3pm "Got Aches and Pains?" Health Discussion by Health Professionals at Heathquest (RSVP) 1-3pm "iPods, iPhones, iPads & iTunes" Class 6:30-7:30pm Tai Chi</p> <p>Salad Bar or Turkey & Stuffing w/gravy, glazed carrots, green beans, bread, fruit, dessert</p>	<p>25 9-10am Stretch & Strength 10:30-11:30am Tai Chi 12:30pm Dupl. Bridge 1-3pm Bingo</p> <p>Cheeseburger on whole wheat bun w/ketchup & mustard, potato wedges, baked beans, fruit, dessert</p>
<p>28 Senior Center Lunch Service Transportation Civic Center CLOSED Memorial Day Memorial Day Parade - 10am</p>	<p>29 8:15am Panera Bread 9-11am Intermediate Line Dance 10am Chinese Club 10am Softball League 10am Bocce Ball League 1-3pm Bingo</p> <p>Roast Pork w/gravy, mashed potatoes, peas & carrots, wheat roll, fruit, dessert</p>	<p>30 9-10am Stretch & Strength 9:15-10:15am Morning Tone and Stretch 10:30-11:30am Keep On Movin' 11am Blood Pressure 12:30-2:30pm Computer Fundamentals Class 3:15-3:45pm Balance Training Class</p> <p>Meatloaf w/gravy, oven brown potatoes, Italian blend vegetables, pan roll, fruit, dessert</p>	<p>31 9-11am Intermediate Line Dance 12:15pm Contract Bridge 12:30-2:30pm "Cruising the Mediterranean with Jo" Lunch & Learn Event (advanced ticket required) 1-2:30pm Computer Keyboarding Class 6:30-7:30pm Tai Chi</p> <p>Salad Bar or Chicken/Dumpling Casserole, steamed broccoli, tossed salad, potato bread, fruit, dessert</p>	<p>Lunch menu subject to change without notice. Margarine & half pint of milk served with every meal.</p> <p>Please observe requested lunch donation amount - \$3 per meal</p> <p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS: 1.810.632.2155 1.888.886.8971</p>